THE KSOS connect

The official newsletter of Kerala Society of Ophthalmic surgeons

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Resilience Personified
Dr Lalitha Susan Thomas

Dr Lalitha was born in September 1946 to Dr P I George and Elizabeth of Palathinkal family, Kottayam. Soon after Lalitha's birth, Dr George left the army and joined the Physiology Department of Madras Medical College.

Lalitha recollects her happy childhood days in Madras, with father, mother and elder twin sisters. She often fell ill and was admitted to the Medical college hospital at 5 years. From then on, she always wanted to be a doctor. Her father helped in a weekly free clinic, and during holidays she went along. By her 12th year, her father had become a Professor. Her schooling was in Vidyodaya Girls High School, a secular English Medium school, with a lot of emphasis on Indian culture, social work etc. Every summer they spent almost 2 months in Kerala.

In 1963, she got admission for MBBS to CMC Vellore, on a church sponsored seat. Hers was the last batch of 50 students, 25 girls and 25 boys, all residential. To her the six and a half years of work and fun, spent at CMC Vellore still remains a wonderful memory. All the teachers were very dedicated and taught a holistic approach to patients, which she still tries to follow. After internship, she worked one year at a 100 bed mission hospital in Kumbanad, Kerala. It was hectic work, but increased her skills as a doctor.

By final MBBS, Dr Lalitha knew she wanted specialize in some surgical specialty – one of the 3 O's – Obstetrics & Gynaecology, Orthopaedics or Ophthalmology. She chose Ophthalmology thinking that will have more predictable working hours.

In 1971 Lalitha joined KMC Manipal- Mangalore for her DOMS course. She remembers with gratitude, Prof Sreenivasa Rao, who guided and encouraged the PG students. He took them to attend the AIOC at Bangalore in 1973.It was a thrilling experience as the number of ladies were very few. Fifty years later – in 2023 – she still continues to attend CMEs and COC meetings whenever she can.

In 1973, she came to settle in Cochin, where her husband worked as a tea taster cum auctioneer. In 1974, she started a consultation at home, with the help of Dr Chacko of Ernakulam.

In 1976, Dr Tony Fernandez gave her a two-month training at Little Flower hospital, Angamaly, and that gave her courage to start a practice at Fort Cochin. She was consultant and did surgeries at the many small hospitals in Western Cochin and Krishna Nursing Home, Ernakulam. Dr Tony was her mentor and she attended the many workshops at Angamaly and

To watch the interview click the link:
https://youtu.be/Uw6b_GdnaFg



Continued on page 4...

FROM THE PRESIDENT'S DESK



Dear seniors and colleagues,

The new KSOS year has started in right earnest and the first quarter has been active and busy. This period was packed with CME programs, online scientific sessions organized by Dr Sreeni and Dr Gopal, and Online Journal clubs organized by Dr Smita. I congratulate and thank all the organizers for the excellent topic selection, amazing faculty and great attendance.

The new website has gone on stream and online submission of Instruction courses has started. Some more features are being added in the website, work for which is going on under the leadership of Dr Rohan.

The finances of the Society are safe and strong under Dr Biju John and the financial audit will take place on April 23. I thank senior members Dr N Radhakrishnan, Dr PI Mohan and Dr Jain Chimmen for taking pains to audit our finances and suggest remedial measures if needed.

The Internal Administrative Audit was done 2 weeks back by Dr S Sasikumar, Dr V Sahasranamam and Dr Rajiv Sukumaran. This is to streamline the day to day functioning of the Society and maintenance of records.

The Drishti Central Committee met at Thrissur for the initial planning of Drishti 2023. The venue, Lulu Hyatt Convention Center, Thrissur was inspected and approved. The Organizing team led by Dr CV Anthrayose and Dr VA Bastin are putting great effort to make it a memorable event. The first flier with Registration details will be published soon.

A core committee for our literary magazine, Spandanam has been formed under the able leadership of Dr Padmaja Krishnan. Work will start in full swing just after AIOC.

We are also planning a family meet just after AIOC. I will be sending details soon.

As you all know, the mega event, AIOC 2023 is just round the corner and I request the help and support of all KSOS members for the smooth conduct of this huge conference.

I must admit that my attention is getting slightly diverted because of my focus on AIOC. I take responsibility for any shortcomings that may have occurred during these few months and I promise all that will be rectified after AIOC.

I thank my entire executive committee for the support and guidance they are providing me during this term. They include Dr Gopal S Pillai, Dr Biju John, Dr Sreeni, Dr Smita, Dr Rohan, Dr Mallika and of course past presidents Dr Meena Chakrabarti, Dr Babu Krishnakumar and Dr Arup Chakrabarti. Incoming president Dr Thomas Cherian and Vice President Dr Mahesh are always by my side. All executive committee members are also providing tremendous support and confidence to me.

I also thank Dr Mallika for interviewing Dr Lalitha Susan Thomas, a very senior Ophthalmologist in this issue.

Jai Hind. Jai KSOS

Dr S J Saikumar
President

GENERAL SECRETARY'S MESSAGE



Dear all

After our drishti 2022, we are all in earnest looking forward to the AIOC 2023 at Kochi. All of us are part of different committees and work os underway. As you are reading this, we are all in daily meetings at our office in IMA house planning for the AIOC 2023. Finally, it's our show and the LOC is confident that we will put on a good show.

Our website needed a wholesome change and the new vendor has taken charge. The change is happening and we have the abstract submission portal opened for IC submission. The other aspects of website will soon be ready.

Scientific content of KSOS has always been its strength and there has been a flurry of CMEs both virtual and physical. Every week of every month, KSOS CMEs have educated more and more people.

The jewel on the crown was the world glaucoma week. Apart from the scientific CMEs and individual awareness program, KSOS organized a mega glaucoma detection camp across the length and breadth of Kerala involving more than 150 eye hospitals on a single day on March 15th screening more than 5000 people.

Finally let's make sure that each of us play our roles in the incoming AIOC 2023. All of us are responsible for the best conduct of this event. Lets all strive to make it a memorable event.

Jai KSOS , Jai Hind

Dr Gopal S Pillai

TREASURER'S MESSAGE



Dear Friends,

We are nearing the end of the financial year 2022-23 and the activities in connection with the audit -both internal and external are going on. The accounts of Drishti 2022 are being finalised . The internal Audit committee is scheduled to meet on April 23rd at Kochi for conducting the Internal Audit of last financial year accounts .As far as the other statutory requirements are concerned we are on track with the GST and TDS filings.

Dr Biju John C
Treasurer KSOS

SCIENTIFIC COMMITTEE CHAIRMAN'S MESSAGE



Dear friends and respected seniors,

The Scientific Committee has been extremely active after Dr Saikumar took over as the President of KSOS . The following are the Scientific Committee CME programs in January and February 2023.

1.Cataract Surgery Training Opportunities in Major Eye Institutions across India (in association with Alappuzha Ophthalmic Society) Part 1 - January 22nd 2023 - Aravind Eye Hospitals, Arasan Eye Hospital, RP Center, Vittala Eye Institute Bangalore, Vivekananda Mission, Kolkata, LF Hospital Angamaly - Views - 1857

2.Cataract Surgery Training Opportunities in Major Eye Institutions across India Part 2 - January 23rd 2023 - Sankaradeva Netralaya, HV Desai institute, Sankara hospitals , Sadguru netralaya, Narayana Netralaya, Sushrut hospital and Megur - Views - 1333

3.Cataract Surgery Training Opportunities in Major Eye Institutions across India Part 3 - February 1st 2023 - Sankara Netralaya, Shroff Charitable, Draashti Nethralaya, LVPEI, Uma Eye Hospital, Chennai, MN Eye Chennai. Views - 3209

4.Alternative Surgical Options for Ophthalmologists- Cataract Surgery in Canine Eyes, Eye Color Change Surgery- February 13th 2023 Views - 701

5.Cataract Surgery Training Opportunities in Major Eye Institutions across India Part 4 - February 22nd 2023 - West Lions Bangalore, PGI Chandigarh, Nandadeep hospital , Mahatme Nagpur, Rajan Eye Care Chennai, Ganapati Netralaya - Views - 959

6.Oculoplasty Reloaded in association with Kozhikode Ophthalmic Society - February 26th 2023 - Views 1551

7.Glaucoma Demystified in Association with Ophthalmic Society of Kannur - March 12th 2023 - 811 Views

We will be continuing the programs in Month of April also. The two programs planned in the first fortnight of April are

1. Innovations in Surgical Techniques Part 1 by Dr Netto Rosetalli on April 9th

2. Pre-requisites for retirement of an Ophthalmologist- Financial Decision Making on April 12th

Thanking You

Jai KSOS

Dr Sreeni Edakhlon

KJO EDITORS' MESSAGE



The activities of the Kerala Journal of Ophthalmology are going on smoothly especially in the Editorial and Publication fronts. It is very heartening to note a steady flow of articles and case reports. The quality of manuscripts submitted is also showing an upswing leading to greater acceptance levels after the peer review process.

The list of subscribers needs a thorough revamp and newer subscribers/members need to be added. Hopefully this will be sorted out at the earliest.

The online journal club activities are going ahead full steam.

A webinar is being organized on 4th April by our publisher Wolters Kluwer on the topic "Publisher Strategies to address Indexing Challenges." A significant participation by our Editorial Team is expected.

Dr Smita Narayanan
EIC, KJO

WEBSITE EDITOR'S MESSAGE



Dear members,

As mentioned earlier the contract of the previous vendor is over. The new vendor has submitted his proposal. We had many discussions with him. Taken inputs from senior office bearers including Dr Rajiv Sukumaran. Some corrections and bargaining done regarding the rates. Now he has submitted his final contract and signed. Collected all the details from the previous vendor including the domain ,control panel details and the transfer code and send it to the new vendor . There are some technical difficulties since both are using different platforms for web developing. They are working on it and will be rectified soon. Regarding the Drishti abstract submission and others this time there will not be any problem as the new vendor is the same group which is handling the AIOS web site.

Jai KSOS

Dr A.Rohan

continued from page 1...





elsewhere. She attended conferences with Dr Tony and family and later on by herself all over India. She remembers the planning and execution of AIOC Cochin 1984 when she was in charge of the Ladies programme.

Dr Lalitha had a bad car accident in Oct 1985, lay in Lourdes Hospital for 3 months, and it took her 6 months to walk. It was a setback to her practice and skills, but she believed that God had a purpose for her, that's why she survived.

She was a founder member of the Strabismological society of India. Interest started by attending a workshop at L F by Prof Prem Prakash. In the 90's she had to decide whether to upgrade her surgical skills or give it up. As she had a lot of family responsibilities, she gave up surgery. It was a difficult and painful decision, but now looking back she has no regrets.

Although Dr Lalitha did not make a name for herself, she was able to do a lot of good for the needy. Helping Rotary Cochin West in many medical camps and also doing free cataract surgeries



Asia Pacific & AIOC 1985



50th Wedding Anniversary



At Lourdes Hospital after bilateral acetabular fracture Nov 1985



Bonus gift in our 70s -Grandchildren



Continuing to work by the grace of God



Doctors Day 2021 - Being honoured by IMA Cochin West President Dr Satish Babu



Final MBBS Oct 1968 CMC Vellore



The Family 2018

at Gautham hospital was possible. Through her Inner Wheel club she has conducted numerous eye checkup programmes in the schools, with detailed examination at her clinic and supply of free spectacles to the needy. She continues to help the special children of Raksha school.

She is a charter member of IMA Cochin West and led as President in '98-'99. On 1st July 2021, the branch honored her As 'The Doctor of the year'.

Her daughter, a financial advisor lives with husband in Sydney and son a software expert lives with wife and children in the US. All of them came in 2022 and celebrated Lalitha and Thomas's 50th wedding anniversary.

To Dr Lalitha her faith is very important. She totally believes 'All things work for the good of those who love God.' She says she is able to continue a few consultations, because of the support of all the Cochin Ophthalmic club members. She is truly grateful to God for all the blessings on her and family and thankful to KSOS for this privilege given to her.



Wedding April 1972



With parents & sisters 1958

Report of District Club Activities

Trivandrum Ophthalmic Club

December 2022 to March 2023

Dr. Smitha Narayanan took us through Nuances of Normal tension glaucoma. Dr Kiran Gopalakrishnan elaborated on Optimising Glaucoma medications for Cataract surgery. And Dr. Ambika Shetty talked about Post surgical Dry eye. They were all good talks that generated lively discussion.

On 11th January we had Dr. Mahesh Gopalakrishnan leading us in a session on Medicolegal perspective for Ophthalmologists. As expected the same also generated a lot of discussions and Mahesh could soothe the apprehensions of a lot of our members.

On 19th February Sreenethra Eye Care conducted their annual CME SACON under our aegis. It was a well organised and well attended session.

In March as part of the Glaucoma week we had our traditional Glaucoma walk for awareness form the TOC. We had Cine actor Nandu joining us for the walk as the chief guest. He also addressed the gathering in a meeting on the grounds of Vellayambalam Bishop's House. The awareness messages were given by our senior faculty Dr Suseela Prabhakaran and Dr Suseela B Nair as well. To generate an audience we had a 30 min Zumba session at the Manaveeyam road as well.

All hospitals in the district participated in the mass glaucoma screening camp on the 15th March as advised by our KSOS president. We also had a screening camp at the Central railway station done on 17th March – which was manned by the Chaithanya Eye Hospital team.

On 31st March we had a meeting of the TOC addressed by Dr. Santhosh Honavar on Ocular surface neoplasms as well as about Orbit reconstruction surgeries.













Kollam Ophthalmic Association

December to March 31st

2 Dec 2022 – We conducted an online executive committee meeting. Our president Dr Mini Jayachandran gave a warm welcome. In that executive committee we discussed about plans of the year 2023.

Discussed about conducting camps, monthly meetings, CME's, observation of days in Ophthalmology and Non-Ophthalmology days, family get together and issuing membership cards. It was well attended.

06 Jan 2023 – We got the privilege to start our 2023 activities in the presence of KSOS president Dr S J Saikumar and KSOS vice president Dr G Mahesh on 06.01.2023.



We conducted our CME Series 1 along with presidential visit.

Dr Anish Madhavan introduced our president Dr S J Saikumar. Sir was adorned with ponnada by Dr Jayaprasad B. Sir addressed us and happily expressed his thanks for the invitation and explained about presidential projects. His speech motivated us and appreciated for the successful conduct of our annual CME, Ashtamudi Ophthalmica 2022 and also for getting the best club award in Drishti 2022. Sir mentioned about conducting a CME. Which should be organized by young Ophthalmologist.

Sir also suggested to do programmes related to Baladarshan, for myopia prevention such as conducting school camps. Sir's visit and words enlightened and motivated us.

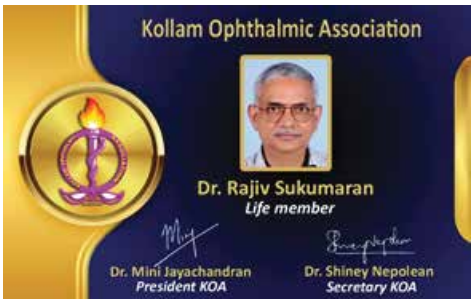
Dr Mahesh G was the guest speaker. He was introduced by Dr Rajiv Sukumaran. Topic was "Primer on medico legal aspects of clinical practice", the presentation was excellent and useful to us. Dr Mahesh was adorned with ponnada by Dr Rajiv Sukumaran. A Memento was given to Dr Saikumar by Dr. Uma Mohandas and his wife by Dr Jayasree Rajiv. A Memento was given to Dr Mahesh G by Dr P Ramesan and his wife by Dr Jayasree I.

Cake cutting was done by Dr Saikumar along with Dr Ramesan whose birthday was on 6th January and Dr Anish Madhavan whose birthday was on 4th January.

After that Dr Saikumar presented a memento to Dr B Jayaprasad and team for getting NABH accreditation for Amardeep eye care and starting PG Course and also for their services in Ophthalmology.

Dr Smita Narayanan appreciated Dr Rajiv Sukumaran for winning the best cover design of KSOS journal. A memento was presented to Dr Rajiv Sukumaran by Dr Saikumar and Dr Smita Narayanan.

After cake cutting Dr Saikumar presented KOA membership card to few selected members. After that secretary presented minutes of previous meeting. President mentioned about our future plans, Congratulated DRISHTI 2022 performers. Dr Vishnu Mohan delivered vote of thanks.



22 Jan 2023 – Matha Medical Centre along with Kundara hospital and Granda Kairali nagar residential association, Vellimon conducted a free medical camp at Vellimon. Dr Shiney, Secretary KOA screened eye patients. Around 110 patients were screened and given free medicines and spectacles.

23 Jan 2023 – Amardeep eye care conducted a free eye camp related to road traffic accident prevention week in association with Kerala road traffic department at RTO office. Dr Nisha Pillai lead the camp. Around 60 patients were screened.



17 Feb 2023 – KOA conducted GB meeting along with CME series 2. After the GB, Dr Indu Mohan introduced our guest speaker. Dr Vinay S Pillai. Topic was "Visual rehabilitation in compromised ocular surface". Sir beautifully presented with videos of complicated cases which he managed excellently whose visual outcome was very good. Sir elaborated the cases in a simple manner which was new and useful to us. A memento was presented to Dr. Vinay by Dr. Maheshwariamma.





A memento was presented to Dr Rajiv Sukumaran and Dr Jayasree Rajiv by Dr Uma Mohandas for celebrating 25th anniversary of Priyanka eye hospital dedicated to their service. Dr Rajiv Sukumaran was adorned with ponnada by Dr B Jayaprasad and Dr Jayasree Rajiv by Dr Vijayasree. After that secretary presented minutes and Dr Vishnu Mohan delivered vote of thanks. Membership cards issued to few members.

25 Feb 2023 – KOA conducted a family get together on 25.02.2023 and 26.02.2023 at Fragrant Nature Paravur, Kollam. Around 17 families came for the family get together. Total around 45 persons attended the get together.

Checked in after 2 pm. Entertainment started with boating trip which was filled with fun. All enjoyed the beauty of nature and journey through water. Music and snacks added more fun. After the boating everyone had snacks and tea. Till 7 pm all enjoyed swimming pool, fishing etc. At 7 pm all gathered in a hall. There were games for both children and adults along with exciting prizes .Music band played melodies and fast type music which all enjoyed.

In between 50th wedding anniversary of Dr Balakrishnan were celebrated by cake cutting and sir and wife were given small gifts. Both children and adults participated in games which was fun filled. That day's programme ended with delicious dinner.

26 Feb 2023 – Morning all enjoyed the natures



beauty during the morning walk. After breakfast again conducted few games, played anthakshari and dumb charades which was very entertaining and fun filled. In-between tea and snacks were served. We celebrated Dr Rajiv Sukumaran's birthday by a cake cutting and was given a birthday gift. Checked out after the delicious lunch. Family get together was a memorable event in which all enjoyed and had relaxation for 2 days.

10 Mar 2023 KOA celebrated Women's day by conducting an online webinar on 10.03.2023 at 7.30 pm Speaker was Dr P S Sreekala, Director, Kerala Knowledge Economy Mission . Topic was striving towards on inclusive society without gender bias.

The webinar was inaugurated by KSOS president Dr S J Saikumar. Dr Mini Jayachandran gave a warm welcome to all. Dr P S Sreekala made a talk on the topic which was related to current scenarios which enlightened us and motivated us. Talk was followed by good discussion in which we promised to madam, that we all will implement gender equality starting from our home itself., including our workplace. Vote of thanks was given by secretary.



GLAUCOMA WEEK ACTIVITIES

10 Mar 2023 Our glaucoma activities started with a glaucoma awareness phone in program on FM Radio Benziger 107.8 by our president Dr Mini Jayachandran. Madam is working as a senior glaucoma consultant in Amardeep Eye Care, Kollam. The program was a live program on 10/03/2023 from 03:30 PM to 04:30 PM. Many glaucoma patients called and madam as an expert cleared their doubts and gave them advice and reassured them. Around 15 patients participated in the program. It was a great success.

12 Mar 2023: Another glaucoma awareness program was conducted by KOA on 12/03/2023 at 10 AM in Ente Radio 91.2 which was also a phone in program "Arinjathum Ariyendathum" by DR. Vishnu Mohan treasurer KOA. Around 20 patients called and cleared their doubts.



Name of the hospitals participated in glaucoma screening camp on March 15th in Kollam

1. District Hospital. Kollam
2. Shanker's eye hospital, Kadakkal
3. Shanker's eye hospital, Punalur
4. Devi Eye Hospital, Kollam
5. Azeezia Medical college, Kollam
6. Amardeep Eye care, Kollam
7. Bishop Benziger Hospital
8. Dr. Anish Madhavan's Eye Care, Kollam
9. Dr. Balakrishnan's Eye Clinic, Kollam
10. Dr. Jayasree's Eye Care, Kollam
11. Dr. Mohini's Eye Centre, Kollam
12. Matha Medical Centre, Kollam
13. NS Memorial hospital, Kollam
14. Precise eye care, Karunagapally
15. Priyanka eye hospital, Kollam
16. Purple eye care, Kollam
17. Sananthana eye clinic, Kollam
18. Sam's eye clinic, Kollam
19. Sreenethra Eye Care, Kottarakkara
20. Vijaya Hospital, Kottarakkara

10 Mar 2023: 1. District hospital conducted a glaucoma screening camp on 10/03/2023 at Kulakkada CHC kollam. Around 150 patients attended the camp. District hospital also conducted awareness talks, screening during glaucoma week under the guidance of Dr. Suprabha.

2. Shanker's eye hospital, Punalur. 1 week activity was there in shanker's eye hospital, punalur. They conducted rally along with flash mob and also awareness talk. A parody song was created which was live streamed in YouTube and other social medias. Its lyrics described what glaucoma is and the importance of its early detection treatment and also its complications. Song went viral on social media. They also conducted free glaucoma screening camp and around 75 patients attended the camp







3. Shankar's Eye Hospital, Kadakkal also conducted similar program

4. Devi eye hospital Paravoor did free glaucoma screening camp from March 8 to April 8 and also awareness classes

5. Azeezia Medical College Ophthalmology department celebrated glaucoma awareness week from 12/03/2023 – 18/03/2023. Conducted poster submission based on glaucoma for MBBS and Nursing students for which cash prize was awarded. Glaucoma screening camp was inaugurated by Shri. M Abdul Azeez, (Chairman, Azeezia Medical College). Conducted glaucoma awareness talk and program by MBBS and Nursing students on 17/03/2023. Closing ceremony and prize distribution was done by Dr. K Sasikala principal Azeezia Medical College

6. Amardeep Eye Care, Kollam also conducted 1 week awareness program which included talks, screening, google formfilling etc... Around 250 patients were screened

7. Bishop Benzger hospital conducted camp on 15th and also awareness talk. About 50 patients were screened.

8. Dr. Anish Madhavan's Eye care conducted camp and screened glaucoma. Around 35 patients were screened.

9. Dr Balakrishnan's eye clinic conducted camp. Around 15 patients were screened.



10. Dr Jayasree's eye clinic - around 20 patients were screened.





11. Dr. Mohini's eye centre around -15 patients were screened



12. Matha medical centre around - 20 patients were screened.

13. N S Memorial Hospital around - 35 patients were screened

14. Precise eye care -they conducted awareness talk and screened around 50 patients.



15. Priyanka eye hospital screened - around 60 patients were screened.



16. Purple eye care screened - around 55 patients were screened.

17. Sanantha eye care screened - around 25 patients.



18 Sam's eye clinic conducted glaucoma screening camp, around 50 patients were screened.



19. Sreenethra eye hospital - screened around 50 patients





20. Vijaya Hospital Kottarakkara - screened around 15 patients.

Glaucoma screening camp was a big success at Kollam. Screened around 250-300 patients and given medical advice.

Kollam Ophthalmic Association glaucoma activities ended on 21.03.2023 after a glaucoma awareness walk at Ashramam. It was flagged off by Dr. Uma Mohandas our senior member. Around 100 participants were there including Doctors, Optometrists, staff nurses, representatives. Pamphlets distributed to people.

By this walk, awareness were created among people and also succeeded in making them understanding them the importance of screening glaucoma and timely treatment. It was a 1.5 Km walk through kollam town which was very crowded. Walk ended at Dr. Mohini's eye centre Kadappakkada.



















24 Mar 2023 – we conducted our next general body along with CME series 3. Guest speaker was Dr Biju John C and the topic was "Posterior segment complications of cataract surgery. After the general body, Dr Biju John was introduced by Dr Divya Kishan. He beautifully presented the topic which was case based with videos. The presentation was excellent, useful to surgeons and also general practitioners. A memento was presented to Dr Biju John by Dr P Ramesan.



Membership Drive

8 new member who joined KOA are Dr Chandramauli, Dr Adithya Shankar, Dr Swetha rajivdev , Dr Rajitha R, Dr Tittu Devaraj , Dr Suneeta , Dr Swathi & Dr Anjana Nair.

Ophthalmic Society of Pathanamthitta

January-March 2023

Short CME – 19/1/23

Time:7-9:45pm

Venue: Hotel Elite

Attended : 40

Topics

1.Management of Diabetic Macular Edema Speaker - Dr Shishir Verghese

2. Case presentation on *Retinal Artery Macroaneurysm* by Dr Cinu Alex(1st yr PG , Pushpagiri Med Colg)

Organized by- Pushpagiri Medical College

Welcome note - Dr Rachel Jose (President)

We had our society General Body meeting

Decided to have 2-3 monthly meetings organized by each hosp

Short CME – 19/1/23

Welcome note - Dr Rachel Jose (President)

We had our society General Body meeting

Decided to have 2-3 monthly meetings organized by each hosp

Dr Sumi Lukose (Treasurer) - elaborated on our society account details and the total members and membership amount recieved

Followed by the 2 talks

The PG case presentation was very well moderated by Dr Shane and Dr Shishir .It was a very useful and excellent teaching session for all PGs

Vote of thanks- Dr Leena Mariyam Varghese*











Glaucoma Week Programmes 2023

EMLC EYE MICROSURGERY & LASER CENTRE NABH

1.Eye Micro Surgery , Thiruvalla

1. Camp was conducted for free glaucoma screening and free medications provided by EMLC in association with VASM charitable trust
2. Glaucoma Awareness class taken for nursing students
3. Patient Education video on Glaucoma was played for awareness
4. Glaucoma exhibition was conducted
5. Glaucoma awareness class was taken for EMLC staff







EMLC
EYE MICROSURGERY & LASER CENTRE
NABH

NURSING STUDENT'S GLAUCOMA AWARENESS CLASS & CERTIFICATE DISTRIBUTION





2.Believers Church Medical College Hospital , Thiruvalla

1. Glaucoma Awareness talk taken for all patients in OPD
2. Glaucoma Awareness class taken for staff , patients and bystanders in Central Courtyard
3. Glaucoma awareness Video played in OPD TV
4. Glaucoma awareness Video played in central courtyard
5. Free IOP screening done for all OPD patients
6. Leaflets on Glaucoma awareness provided to all who came to OPD throughout Glaucoma week





IOP SCREENING

Glaucoma Awareness Talks

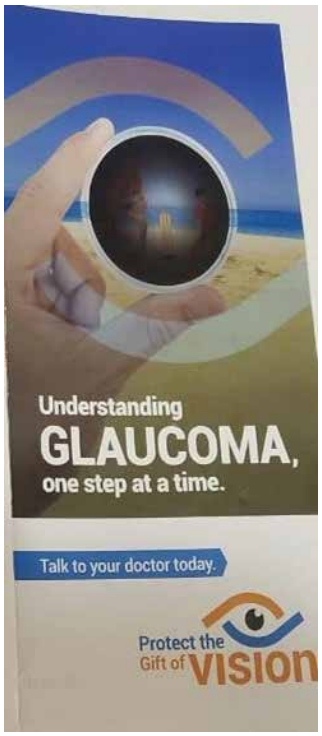


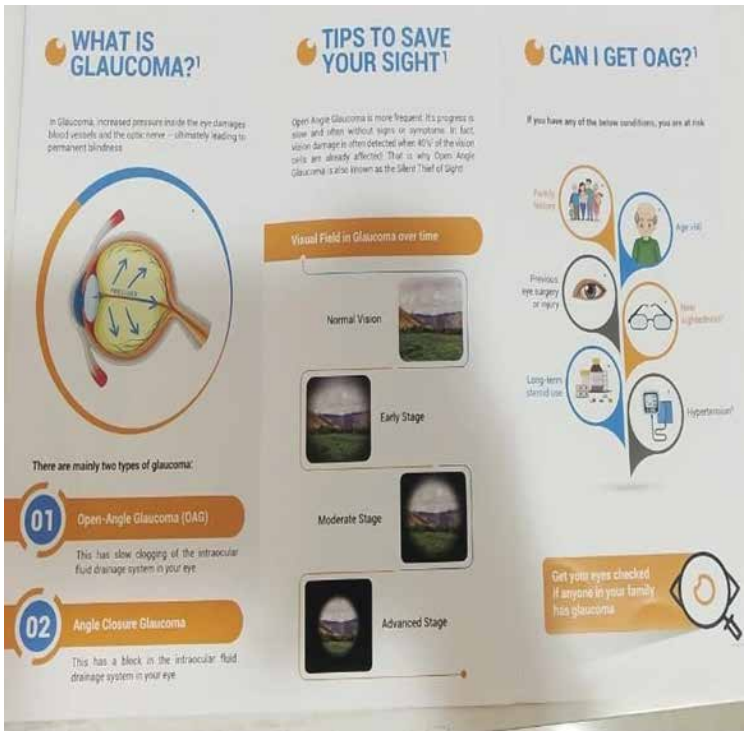
Glaucoma Videos playing in central courtyard & OPD





Glaucoma Awareness Leaflet







3. Chaithanya Eye Hospital, Thiruvalla

1. A glaucoma screening camp will be conducted on March 15th and March 17th with referral for glaucoma suspects.
2. Free glaucoma consultation and glaucoma work up / screening - March 15th
3. Investigations for glaucoma done at concessional rate throughout the week
4. In the hospital various activity booths shall be set for patients and bystanders to have a live experience of vision in patients having glaucoma
5. Exhibition on glaucoma with posters, models and video presentations throughout week
6. Survey forms both physical and through online mode shall be conducted among outpatients to assess the awareness of glaucoma
7. Patient awareness will continue in the form of talks by the optometry department during OPD hours at the reception area
8. A Skit will be displayed which instils glaucoma awareness among the public.
9. Online awareness of glaucoma in the form of Youtube videos, Intsagram videos













4. Chaithanya Eye Hospital, Haripad

Free glaucoma camp done on 16/3/23



5. Karunya eye hospital, Adoor

1. Free IOP Check Up (NCT & AT) done for all Patients above 40 years, who attended our OPD from 12th to 18th March
2. Dilated Fundus Examination for all patients above 40 years
3. Glaucoma Awareness Classes conducted in the Hospital
4. Leaflets on Glaucoma distributed to the patients who attended the OPD.
5. Glaucoma Screening Camp conducted in association withJanamythri Police, Adoor.











Awareness talk







6. Pushpagiri Medical College, Thiruvalla

1. Free camp was conducted in association with YMCA for glaucoma detection
2. Glaucoma awareness talk was given for OPD patients and bystanders
3. Free pamphlets were given to all in OPD regarding glaucoma awareness.









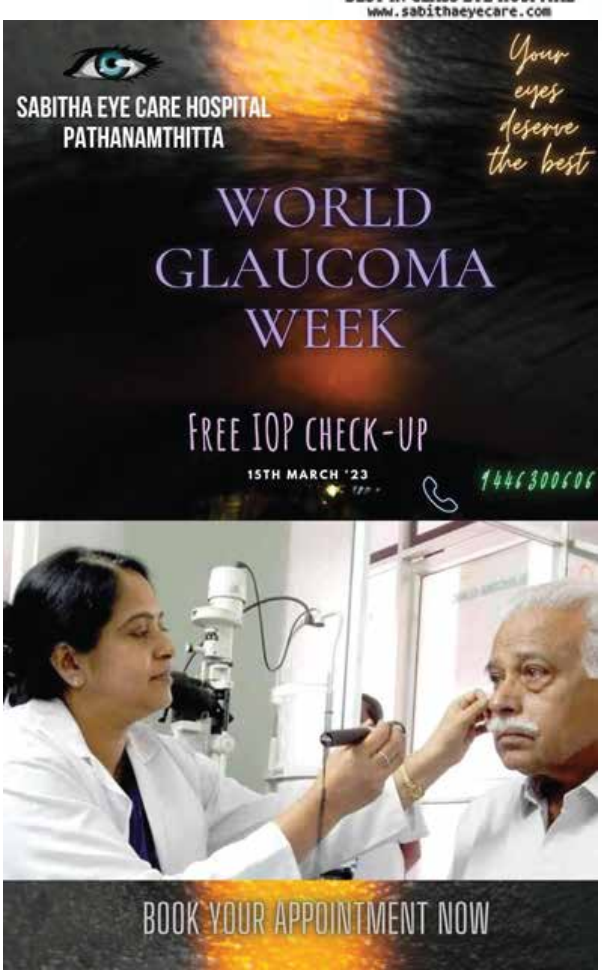


7. Sabitha Eye Care, Pathanamthitta

1. Free IOP screening done on March 15th
2. Glaucoma awareness talk given to all OPD patients and bystanders
3. Glaucoma leaflets given to all

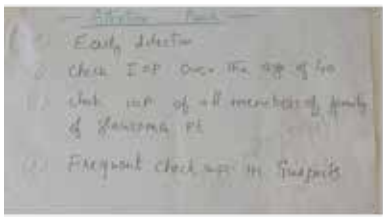


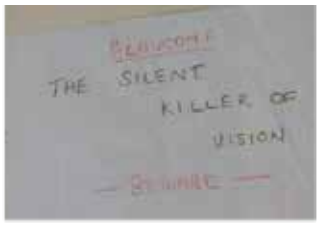




8.NSS Medical Mission , Pandalam

1. Displayed Glaucoma awareness Charts in OPD
2. Did Glaucoma screening for patients who came to OPD











Short CME- 24/3/23

- Time:7-9:45pm*
- Venue: Hotel Elite
- Attended : 34

Topics

- 1. Microbial Keratitis* presented by

Speaker - Dr Sanjana P

Cornea specialist, Chaithanya Eye Hospital

- 2. Case presentation on Corneal Ulcer by Dr Leo Sony & Dr Mary Ann (1st yr PGs , Chaithanya Eye Hospital)
- Organized by- Chaithanya Eye Hospital
- Welcome note - Dr Rachel Jose (President)
- OSP Report presented by Dr Leena & Dr Sumi • We had our society General Body meeting discussed about annual CME and fund collection for the same.
- Followed by the 2 talks
- Discussion and PG teaching by *Dr Sanjana* . It was a very useful and excellent teaching session for all PGs
- Vote of thanks- Dr Leena Mariyam Varghese











Kottayam Ophthalmic Society

December 2022 to March 2023

> 87th Kottayam Ophthalmic Society meeting was held on December 9th, 2022. Dr Mathew Kurian was guest speaker. Academic session were on Management of Nucleus in cataract surgery and Dry eye management algorithm in post Cataract surgery.

> Special appreciation Ceremony were held for Dr Vishnugopal and Dr Devinandhana, Post graduates from Govt medical college Kottayam for their academic excellence and wining TACO PG Quiz in Drishti 2022 at Kozhikode.

> 88th Kottayam Ophthalmic society meet and General body Meeting was held on 27th January. Prof Dr. Vijayamma N and Dr Saritha V.K. took charge as President and Vice President respectively.

> 89th Kottayam Ophthalmic Society Meeting was conducted on 3rd March 2023. Dr Shishir Verghese was guest speaker and he delivered Keynote on diabetic macular edema management update.

> Dr Mercy Chooracken award was given to awardee Ms. Sandra Joseph 2018 M.B.B.S. batch topper in Ophthalmology from Govt Medical College, Kottayam.

GLAUCOMA WEEK ACTIVITIES

ALPHONSA EYE HOSPITAL PALA

-free glaucoma screening programme conducted during March 13 to 18th -free visual field assessment provided to needy patients

NEW VISION EYE HOSPITAL, MUNDAKAYAM

-Free in house Glaucoma screening done

at March 15 -in person meeting were arranged with local physicians and laboratories in nearby vicinity by hospital community activity

wing to encourage them to send their patients for free glaucoma screening and iop checks during World glaucoma week. - Glaucoma awareness sessions, pamphlet distributions in local clubs n community centres were done.

CHAITHANYA EYE HOSPITAL, KOTTAYAM

-glaucoma screening camps-both in- house and camps in periphery and at kottayam Railway station -Distribution of glaucoma awareness questionare and analysing the results

-Spreading awareness through talks and videos

-And an awareness walkathon was conducted.

EYE MICROSURGERY AND LASER CENTRE, TIRUVALLA

-Glaucoma screening camps were held at YMCA HALL TIRUVALLA on March 13 and 16th at OPD free glaucoma screening was available throughout a week -exhibition on glaucoma through posters, PowerPoint, videos at OPD gallery and displays were arranged fromMarch 10

onwards

-classes on glaucoma awareness

-glaucoma awareness leaflet distributions was done

ALLEN AND HABOUR EYE HOSPITAL, KANJIRAPALLY

*Glaucoma screening camp on March 14th with free investigations including HFA &OCT for poor patients was arranged

*Glaucoma awareness classes/ videos for patients and relatives reaching the hospital

*Distribution of leaflets to all patients attending OPD was done to spread glaucoma awareness

Govt MEDICAL COLLEGE, KOTTAYAM

Glaucoma awareness session by Prof Dr.vijayamma To students & teachers of government nursing college Kottayam.

On 15th &16th March class were arranged by eye bank counsellor to eye opd patients at medical college Kottayam

18th March, glaucoma eye camp was conducted by our mobile eye unit at Erattupetta.

S.J.EYE HOSPITAL KARUKACHAL

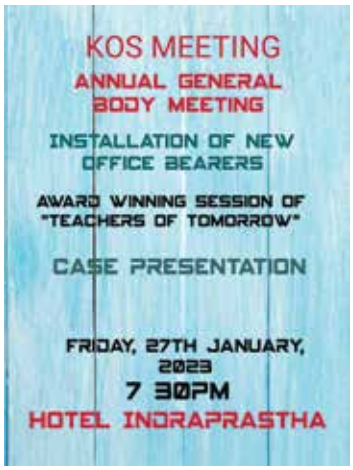
Glaucoma screening camps were done centre from 13 th to 18 th March.

Exhibiton of glaucoma awareness posters at OPD.

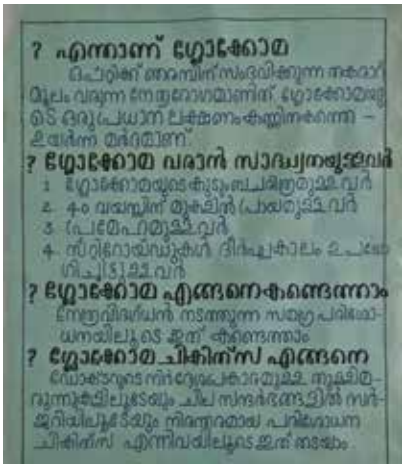
District Hospital, Kottayam

Glaucoma awareness programme conducted by District Mobile Ophthalmology Unit,GH Kottayam




















World Glaucoma Week
WORLD GLAUCOMA WEEK
Glaucoma detection camp by Dept of Ophthalmology
Govt. Medical College Kottayam
18/03/2023
9.30am to 12.30pm
@CHC
ERATTUPETTA
Contact no:
+919400196025

























IOP screening and glaucoma awareness program conducted at Kottayam Railway station

























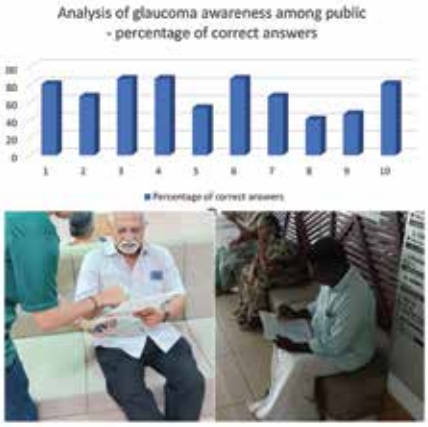








Hospital staff screened for glaucoma awareness





In-house camp for glaucoma screening























Out-house camp, awareness talk and IOP check up done











Alappuzha Ophthalmic Club

January to March 2023

This year's maiden monthly meeting was held on 29th January at Hotel Royale Park Alappuzha. Dr. Thomas Arun Varghese presented topic on "Newer therapy glaucoma management" and discussed few cases of "Glaucoma Vs Neurological".

Dr. Vinay S Pillai also spoke on "Dry eye - tips and tricks to improve treatment outcomes".

Two case presentations were also done by postgraduates of Department of Ophthalmology TDMC Alappuzha.

On February 17th Dr.Dalia S president AOC spoke on the topic Eye problems related to the use of Digital devices in Children in the "Hello Doctor" programme of Kairali TV. Many queries from viewers were also answered during the session.

Inauguration of World Glaucoma week celebrations at the district level was held on March 10th 2023 at Aryad panchayath Community hall. Mr. K.D Maheendran president, Aryad Block panchayath presided and Mrs. K.G Rajeshwari, District panchayath president inaugurated the function. Dr. Anu Varghese District programme officer graced the occassion and topic description on Glaucoma was presented by Dr.Meera J, District Ophthalmic Surgeon. A free eye camp was also conducted in which 285 patients attended. One Glaucoma,13 cataracts and 3 diabetic retinopathy were detected.

Glaucoma week celebrations were also held at Govt.TDMCH Alappuzha. Official inauguration of the programme was done by Dr.Abdul Salam A, Superintendent, MCH Alappuzha. Glaucoma awareness classes were conducted for the public by Dr.Malika O U , Head of the Department of Ophthalmology. Dr. Manoj Venugopal, Dr.Dalia S and Dr. Leema Rose Thomas also spoke on the occasion. Glaucoma screening was also conducted for those above 40yrs attending OPD for one week from 12th- 18th of March. Also, screening camps were conducted for faculty and staff (above 40yrs) of all Departments of TDMC Alappuzha. About 300 persons were screened of which 4 suspect patients were called for detailed evaluation.

For a change the monthly meeting of AOC in March was arranged in a houseboat at Punnamada Alappuzha on 26th of March. Dr Rahul Menon, Vitreo Retinal Surgeon, Chaithanya Eye Hospital, Ernakulam enlightened the delegates on 3 various topics - Basics of OCTA, Biosimilar. 3rd one was case based discussions on Diabetic Macular Edema.




























In Diabetic Retinopathy

Cochin Ophthalmic Club

December 2022 to February 2023

December 2022

1. COC MONTHLY MEETING.

COC Monthly meetingwas held on 20 th december at IMA house, Kaloor. The Meeting was attended by 62 members. The programme included award winning presentations of Drishti 2022.Christmas celebration by COC was joyful with carol singing, cake cutting. All members came in red and white theme.



2. COC at Thanima

COC participation at the cultural fest of IMA, 'THANIMA' was remarkable. We had a skit by our members. Solo song by Dr Dhanya and dance performance by Dr Rosmi.



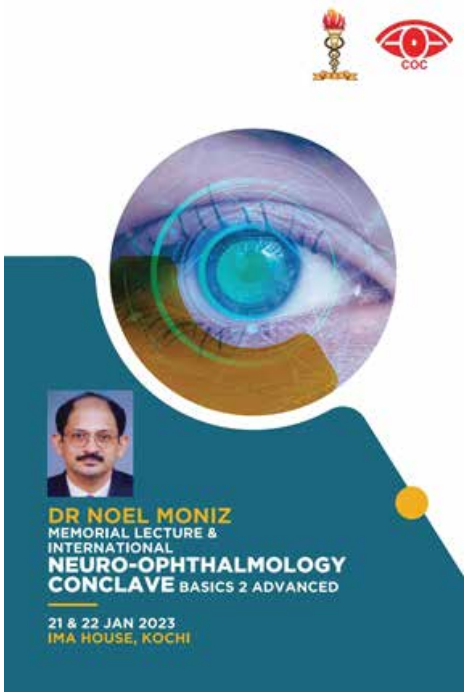




JANUARY 2023

1. Dr Noel Moniz Memorial lecture and Neurophthalmology Conclave

Dr Noel Moniz Memorial lecture and Neurophthalmology conclave was conducted on jan 21 and 22 nd at IMA house.About 170 registrations altogether with an average 140 attendancewas present. The scientific sessions planned by Dr Rashmin Gandhi was interesting and informative. The virtual presentations by the international speakers were excellent. Dr M V. Francis mesmerised everyone with his lucid and exhaustive coverage of Headache.





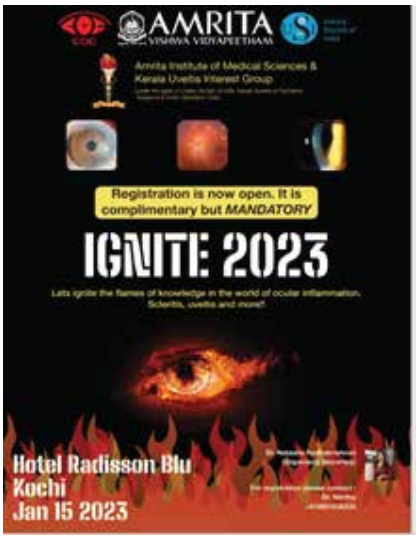






2.IGNITE 2023 BY AIMS

THE Annual conference on Uveitis "IGNITE" of Amrita Institute of Medical Sciences was held on jan 15 th. The conference had a array of national and state faculty hand in hand with expert rheumatologists who updated on the current trends in uveitis management. Excellent case presentations and discussions followed.





3. COC MONTHLY MEETING

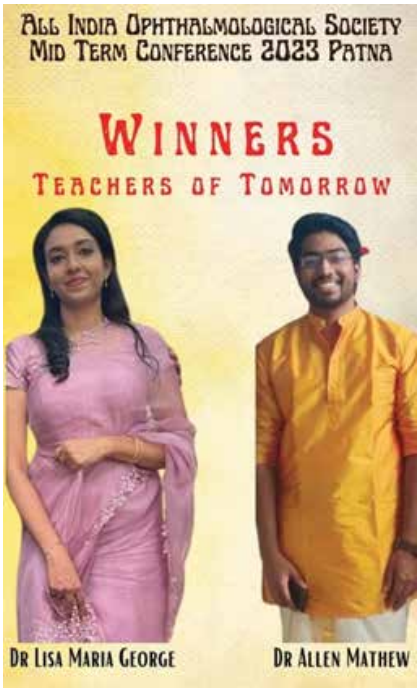


COC Monthly meeting was held on 31st January 2023 at 7.30pm in Hotel North 7.There was a talk on Investment for doctors by Mr.Baynes K Joseph,Investment financial advisor,SBI funds management.





WINNERS



Teachers of Tomorrow At AIOS Midterm Conference at Patna 1st place:Dr Allen Mathew(RIO, Trivandrum) & Dr Liza (Amrita Institute Kochi)

Overall State championship for TOT also won by Kerala.

FEBRUARY 2023

1. AIOS ARC KSOS COMPREHENSIVE CATARACT CAPSULE

Was conducted on 12 th FEBRUARY 2023 . It was well attended by around 120 participants. There were active discussions from basics of cataract surgery to advanced. Management of complications and news techniques and technologies in cataract surgery was discussed. Challenging case scenerios from experts was also the highlight of the session.







2. IMA COCHIN SPORTS



COC marked its presence felt as usual in the annual IMA sports activities.



Dr Arun with rest of IMA in football team..



Coc Athletics Team



Dr Sandya N and Dr Anu Joseph in badminton



COC RELAY TEAM



GAMES INDOOR

3.COC IN APAO





SACON cme PG quiz won by team LF, Dr Vishnupriya and Dr Rahna.



Dr Anju and Dr John received the most popular e poster and video awards in APAO KUALALAMPUR

Idukki Malanadu Ophthalmic Club

Dec 2022 to March 2023

NEW OFFICE BEARERS

New team of office bearers took charge on Dec 8th 2022.

President Dr V R Mani

Vice president Dr Marykutty Jose

Treasurer Dr Mohan Markose

Secretary Dr Aparna C Varghese

Joint Secretary Dr Marieah Chackochan

KSOS Representative Dr Soman Mani







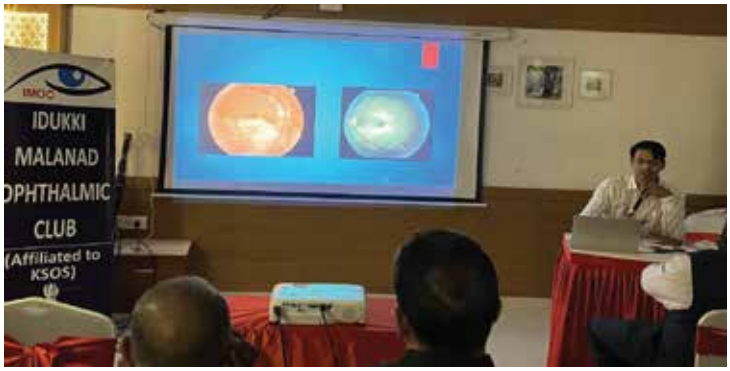


MONTHLY CME MEETINGS

We had monthly CME meetings. On December 8th, Dr Praveen Murali discussed on Anti-VEGF agents.

On January 19th the topic of the CME was Management of Post cataract surgery corneal edema and the speaker was Dr Sachin Mathew George.

February 16th 2023 we had two guest speakers Dr Sony George discussed about Expanding Horizons In Multifocal Practice-Views And Means And Dr Praveen Murali talked about Common Retinal Conditions in day to day practice





School screening program was conducted by Department of ophthalmology, Al Azhar Medical college Thodupuzha at SNM VHSS Vannapuram on 10th January 2023. 323 students were screened...48 students were prescribed glasses.









Glaucoma Week Activities

Activities conducted by the eye hospitals under Idukki Malanad Ophthalmic club to celebrate world

glaucoma week from March 12 to 18, 2023

1. Free glaucoma screening camp and awareness class was conducted at Marthoma College for women Perumbavoor on March 11, 2023 by the District mobile ophthalmic unit Ernakulam & Dept. of Ophthalmology, Taluk Headquarters hospital Perumbavoor.

2. Glaucoma awareness seminar and screening camp was conducted by Alphonsa eye hospital Thodupuzha in co-operation with Senior citizens forum Vazhithala on March 12th, 2023. Around 90 patients were screened for glaucoma and cataract. Four patients were diagnosed glaucoma suspect and were referred for detailed evaluation.

There was a poster display about glaucoma in the premises















3. Afternoon free clinic- glaucoma evaluation and perimetry from March 13 to 18 2.30 pm to 3.30 pm at Alphonsa eye hospital Thodupuzha. Glaucoma awareness videos were posted in social media and television during this week. Total of 47 patients were screened for glaucoma in the free OPD. HFA was done free of cost for 5 patients.

There was poster display on Glaucoma in the hospital premises



4. Glaucoma screening and awareness class was conducted on March13th at MOSC Medical College, Kolenchery in cooperation with the IMA, Kolencherry branch. Dr Varghese Paul talked about the need for early detection of glaucoma and brochures were distributed. nearly 200 odd patients were examined and 3 of them had raised IOP and 1 of them was found to have Pseudoexfoliative secondary glaucoma.









5. Free glaucoma screening camp at St. Joseph's hospital Kothamangalam on 15th and 16th of March 2023 from 2pm to 4 pm. 77 patients were screened.4 glaucoma suspects were identified and selected for investigations. 2 new patients with raised IOP were identified.

6. Al Azhar medical college:-One week of free eye checkup and glaucoma screening for OP patients was conducted from 13/3/23 to 18/3/23.The screening camp was inaugurated on 13/3/23. Dr Elizabeth John Head of the Department of Ophthalmology delivered a talk on glaucoma.

There was a flash mob presented by third year students of the medical college.

210 patients were screened and 5 were found to have raised IOP Glaucoma awareness talk by the interns for patients in the waiting area and wards, charts with awareness message were prepared and displayed.

















7. Free glaucoma screening and awareness programs on 15 March at Devamatha hospital Koothattukulam.

Devamatha hospital Koothatukulam

Awareness generation :

Posters in the hospital

1. Glaucoma week

2. Risk factors posters

3. WhatsApp messages

4. Malayalam Manorama notice

We had 27 patients

All above 40 years

3 were established glaucoma patients

3 had a family history

2 had cataract

No new cases were identified

8. Glaucoma awareness and screening program was conducted at Fathima Eye care hospital Thodupuzha from March 13th– 25th

9. Glaucoma screening campaign and awareness class was conducted by Dr Manoj Prathap at TVJ eye hospital on 17th March, March.

Total number of patients screened 56 HFA done for 5 patients. RNFL done for 7 patients.

10. Ahalia Foundation eye hospitals Muvattupuzha conducted a glaucoma screening camp on 17th, Friday on the behalf of World Glaucoma Day for aged people in coordination with Vayomitram Muvattupuzha so as to share information and as well as raise awareness among people about glaucoma in our hospital by making and hanging posters and charts. Along with this we had carried out a free glaucoma screening to patients who are in the risk category.104 patients were screened.







10. Free Glaucoma screening was conducted at Nedumchalil eye hospital MUVATTUPUZHA on 15th& 16th March.
11. Free consultation & IOP check up was conducted at SRS EYE and ENT hospital Koothattukulam for a week starting from March 12th to 18th.50 % reduced rate on other investigations was offered. Free informative leaflets were distributed.
12. Glaucoma awareness talk at Rotary club of Kothamangalam on march 25.'

DRISHTI 2024

IMOC has been allotted to conduct Drishti 2024 as the main host and COC &KOA being co-hosts.

Submitted by

Dr V R Mani, President, IMOC
Dr Aparna C Varghese, Secretary, IMOC



Thrissur Academic Club of Ophthalmology

JANUARY 2023

Activities of TACO in 2023 started with handing over ceremony and New Year celebrations. It was held on 06/01/2023 at Casino Hotel Thrissur from 7.30PM onwards



Handing over ceremony started with prayer. Dr.Sudha.V outgoing president welcomed the gathering. Outgoing secretary Dr. Sujatha.N presented the report of activities of TACO of past two years. It included exhaustive report of TACO academic and community health activities Treasurer's report was also presented and passed.

Outgoing president Dr.Sudha.V introduced incoming president Dr.Rolland Godly to the audience. Dr.Rolland replied with acceptance speech. The TACO gold medallion was passed on to the new president Dr.Rolland Godly. Dr.Nambisan senior TACO faculty felicitated the meeting and the organization. Dr.Rolland introduced his dynamic new TACO team comprising of Dr.Lathika V.K (vice president), Dr.Johny Joseph (secretary), Dr. Minu Dutt (scientific committee chair person), Dr.Jyothi Anup (treasurer), Dr.Thanusree (editor &web master) and Dr.Reshma Sebastian (camp coordinator).TACO secretary Dr.Johny offered vote of thanks.

New Year celebrations started with New Year cake cutting by TACO team members and senior TACO members Dr.Babu Krishnakumar and Dr.Nambisan. Dance performance by TACO duo Dr.Thanusree and Dr.Geethu electrified the audience. Melodies by renowned singer and guitarist enchanted everyone. A sumptuous banquet dinner followed which was greatly enjoyed by all. Dance performance by TACO duo Dr.Thanusree and Dr.Geethu electrified the audience. Melodies by renowned singer and guitarist enchanted everyone. A sumptuous banquet dinner followed which was greatly Dance performance by TACO duo Dr.Thanusree and Dr.Geethu electrified the audience. Melodies by renowned singer and guitarist enchanted everyone. A sumptuous dinner followed which marked the end of the festivities.























FEBRUARY 2023

TACO monthly meet in February conducted at hotel Asokha Inn on February 12th from 6.30pm with case presentations by Dr.Jesmi (JMC Thrissur) "A Case of Goldenhar syndrome" & Dr.Aswathi (LF Angamaly) on "Series of Lacrimal gland tumours". This was followed by fabulous scientific session by Dr. Santhosh G Honovar (Director of ophthalmic plastic surgery & ocular oncology -Centre for Sight Hydrebad) on topics 'WHICH CONJUCTIVAL TUMOR WOULD YOU WORRY ABOUT" & "RECENT ADVANCES IN OCULAR ONCOLOGY". The session was moderated by Dr.Ani Sreedhar .

Tacopsia Digest on topic Retina edited by Dr.Sinumol was launched by Dr.Sujatha.N. by presenting first copy to Dr.Santhosh G Honavar.

TACO Executive committee meeting held on February 12th decided about different activities by our member institutes for the upcoming world glaucoma week in march 2023.

Prof.Dr.Lathika V K (Amala Medical College) announced about the CME to be held at amala medical college on march 25th.

MARCH 2023

Institutions that took part in TACO organizing celebrations, awareness programmes and camps in the glaucoma week.

1. Government medical college Thrissur

2. Jubilee mission medical college and research institute Thrissur

3. Amala institute of medical sciences Thrissur

4. I vision eye hospital koorkenchery & paravattani

5. Rani Menons eye clinic Thrissur

6. Aryas eye hospital Thrissur

7. Trinity eye hospital Thrissur

8. Drishyam eye hospital Thrissur

9. Ahalia eye hospital Thrissur

10. Malabar eye hospital Thrissur

11. Nethra eye hospital irinjalakuda

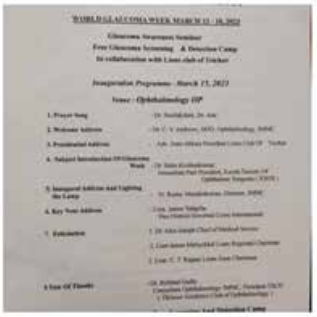
12. District hospital Thrissur

13. CHC Erumapetty

*Amala institute of medical sciences conducted CME named “EYEDEAS” on 26th march 2023



















Kozhikode Ophthalmic Society

KOS started its activities for 2023 with a New Year meet at the IMA hall where members reminisced about their experiences before and during Drishti 2022 - the bonding and camaraderie within the various committees as they worked all out and the joy and satisfaction of seeing their dreams fructify at the very first offline conference since the pandemic.









In February KOS organized a well-attended and equally well appreciated KSOS Scientific Committee CME- Module 13- OCULOPLASTY LOADED in online mode. Dr. Anju Chandran and Dr. Soumya Narayanan, our KOS Scientific committee members very ably conceived and executed this Oculoplasty CME with eminent faculty from inside and outside our state. All the talks were relevant and brilliantly delivered, the high point being the Keynote by Professor Raghavan Sampath from University Hospitals of Leicester, UK.

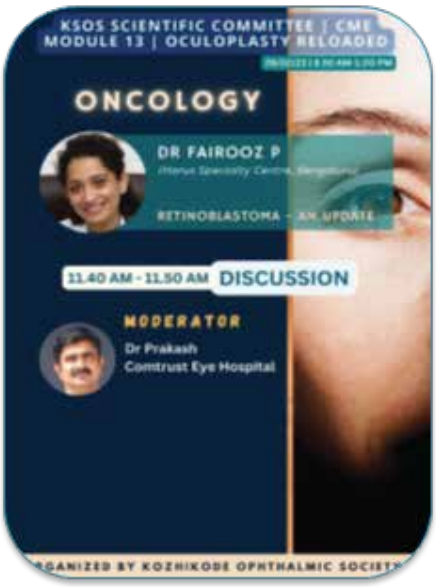
CME MODULES











In March during the World glaucoma week, apart from the more than 20 glaucoma camps conducted all over the district, there was a plethora of activities. Our Glaucoma awareness programme in association with Kozhikode IMA included a talk on glaucoma by Dr. Jyothi followed by a panel discussion in which glaucoma specialists from all the hospitals from Kozhikode participated. Apart from this, there was a radio talk by Dr. Bindu Ajith, a glaucoma quiz for paramedics, a poster making competition, a flash mob and awareness class at Calicut beach and a moonlit glaucoma walk.

IMA – GLAUCOMA AWARENESS MEET



GLAUCOMA AWARENESS BEACH WALK & FLASH MOB







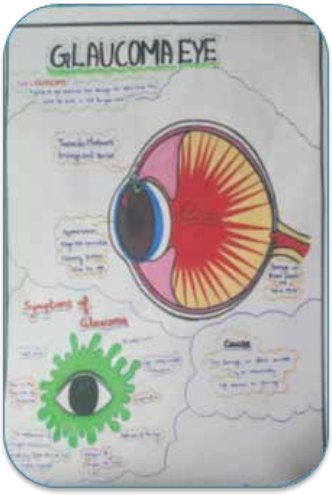


GLAUCOMA QUIZ





POSTER COMPETETION







Ophthalmic Society of Kannur

JANUARY 2023

The meeting for the month of January and New Year family get together was held on 06/01/2023 at the Kannur Club. President Dr.Simi Manojkumar called the meeting to order and welcomed the gathering. Dr.Mohan Babu announced the general body decision allowing the present office bearers to continue for another year.. The director of our short film Dr.Renjith also joined us and gave a short speech..There was a small presentation by the Kannur Club representative and the official meeting was concluded with vote of thanks.. Following this we had the cultural events by our ophthalmic fraternity and family members. Several hidden talents were unveiled and our in house anchors Dr.Ravi, Dr.Pooja, Dr.Sharmil and Dr.Swetha literally rocked the show..Adding to the fun there was also a magic show by Dr.Renjith and few games for kids..Meeting was concluded with a sumptuous dinner..









Ophthalmic Society of Kannur along with Ahalia Eye Hospital, Kannur conducted free eye screening camps at Kunnumkai on 25/12/22 and at Pattannur High School on 14/1/23..







FEBRUARY 2023

The meeting for the month of February was held on 03/02/2023 at Hotel Benale International. President Dr.Simi Manojkumar called the meeting to order and welcomed the gathering. Secretary Dr.Seema KM presented a report on the previous OSK meeting and family meet.. This was followed by an academic session. We had an interesting session on glaucoma..Dr.Girija K, Chief of Glaucoma Clinic, Little Flower Hospital, Angamaly presented a very interesting talk which was titled "Glaucoma Suspect-A practical approach..There was an active and lively discussion on the topic following that.The meeting was attended by 33 members. Dr.Jayan Thomas presented a memento to the speaker ...Following this there were discussions regarding the PG training program which is being jointly organised by Pariyaram Medical College and OSK in March.. Secretary Dr.Seema KM proposed the vote of thanks and the meeting was adjourned for dinner..

Ophthalmic Society of Kannur in association with Comtrust Eye Hospital, Thalasserry conducted a free eye screening camp at Mele Chovva Higher Secondary school on 12/2/23 . Dr.Smithin led the camp and screened around 110 patients..

MARCH 2023

Ophthalmic Society of Kannur along with Govt.Medical College, Pariyaram conducted a CME program cum Post graduate training program on Neurophthalmology 'OCULUS KAN 2023' on the 5th of March at hotel Royal Omars..The program was attended by 15 post graduate students and 44 consultants .Dr.Renjini , Paediatric Ophthalmologist, Giridhar Eye Hospital, Dr.Francis MV, Senior Consultant, Theresa Eye n Migraine Clinic, Cherthala, Dr.Jithesh , Neurologist, AKG hospital, Dr.Sony Smitha, Neurologist, Pariyaram Medical College and Dr.Asha Chandrasekharan, Pariyaram Medical College led interesting sessions which were well appreciated..All the sessions were highly informative .

World Glaucoma Day was observed on March 12th.We conducted an awareness class for the general public in association with IMA Thalasserry, Kudumbasree, Brexta, Senior Citizens Forum and Chettamkunnu Residents Association at IMA hall ,Thalasserry.Dr.Swetha, Glaucoma consultant, Jyothis Eye Hospital led the class..It was attended by around 40 people. We also conducted KSOS online CME series- module 14 on glaucoma on March 12th evening 6pm to 9pm. 17 hospitals in Kannur participated in the mass free glaucoma screening program organized by KSOS on March 15th.A press club meet was conducted by Dr.Sreeni and Dr.Seema on March 13th in association with the glaucoma week activities .Dr.Swetha also led awareness classes on glaucoma in IMA Kannur and Kasargode Ophthalmic society.

Ophthalmic Society of Kannur in association with Peekay Eye Hospital conducted a free paediatric eye screening camp on 14/3/23 under the leadership of Dr.Shabeer, Paediatric and Oculoplastic Surgeon.























Ophthalmic Society of Kasargod

The annual general body and CME of ophthalmic Society of Kasaragod was held on 17-03-23 Friday at 7:30 PM at Hotel city Tower Kasaragod president Dr Rahim presided over the over the meeting. Dr Rahim welcomed the gathering after silent prayer. Secretary Dr Sureshbabu presented the report of last year treasurer Dr Ganesh Maiya presented the statement of accounts. General body unanimously elected Dr A V Bharathan as president, Dr Rakesh as secretary Dr Kurian Jose as treasurer for the year 2023. The chief guest Dr Shweta Prasad was introduced by Dr Sureshbabu. Dr Shweta spoke on decoding the discs -essential skills in glaucoma diagnosis followed by discussion and case presentation by Dr Ganesh Maiya Dr Rakesh proposed the vote of thanks. Meeting was attended by 16 members.

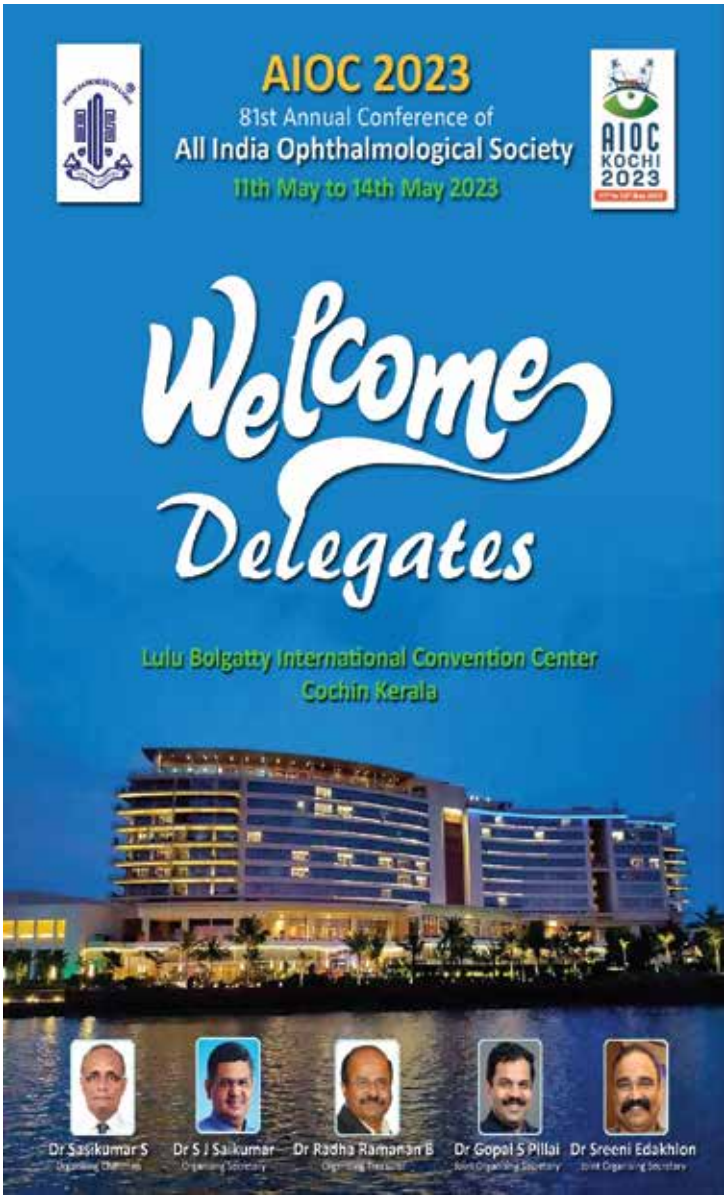


The following hospitals participated in the glaucoma screening camp of as a part of glaucoma week on 15th march
1 Sureshbabu eye foundation. Kasargod
2 The Payyanur eye foundation Kanhangad
3.Thresiammas eye hospital
4. Kasaragod Vision Centre
5. Maiya Eye Care Center




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