ANBU

A VISION OF LOVE, A MISSION OF CARE

Bringing the gift of sight, hope and dignity to children with special needs

ANBU, meaning love in Tamil, represents a commitment to compassion, inclusion and the belief that every child deserves to see the world clearly. Conceived as the Presidential Project of the Kerala Society of Ophthalmic Surgeons (KSOS) by its President, **Dr. Rajiv Sukumaran**, ANBU was initiated with a simple yet profound vision: to ensure that children with special needs are not deprived of good vision due to circumstances beyond their control.



Children with intellectual, physical and developmental challenges—including Down syndrome—often face difficulties accessing eye care, as their primary disabilities sometimes overshadow their ocular needs. Uncorrected refractive errors, squint and cataract can further compromise their learning, communication, mobility and overall development. Recognising this unmet need, ANBU set out to establish a meaningful continuum of care—from screening and diagnosis to treatment, surgery and long-term follow-up.

A Statewide Movement of Compassion

What began as a presidential vision soon evolved into a statewide movement uniting the KSOS fraternity. All 14 district clubs actively participated, mobilising ophthalmologists, hospitals, teachers, volunteers and well-wishers across Kerala. Eye screening camps were organised in special schools and institutions tailored to the specific challenges of examining children with disabilities. During the project, **110 eye camps** were conducted, screening **5,295 children** across the state—each examination offering an opportunity to identify an unnoticed problem and make a meaningful difference in a child's life.

From Screening to Sight Restoration

ANBU firmly believed that screening must translate into tangible benefits. Hundreds of children identified with refractive errors received spectacles, helping them participate more effectively in daily activities, while those with cataract, squint and other conditions were referred for surgical and specialised interventions. To ensure continuity of care beyond a single camp, several private hospitals came forward to adopt special schools for regular monitoring and sustained support—laying the foundation for a sustainable model of community eye care.

Beyond Vision – A Collective Commitment

The true impact of ANBU lies in the lives it has touched. For a child struggling to see, a pair of spectacles opens up a new world; for parents and teachers, it brings relief, better classroom participation and renewed possibilities. Above all, ANBU reinforces that disability should never be a barrier to quality healthcare, sensitising the ophthalmic community to make eye care more accessible and inclusive.

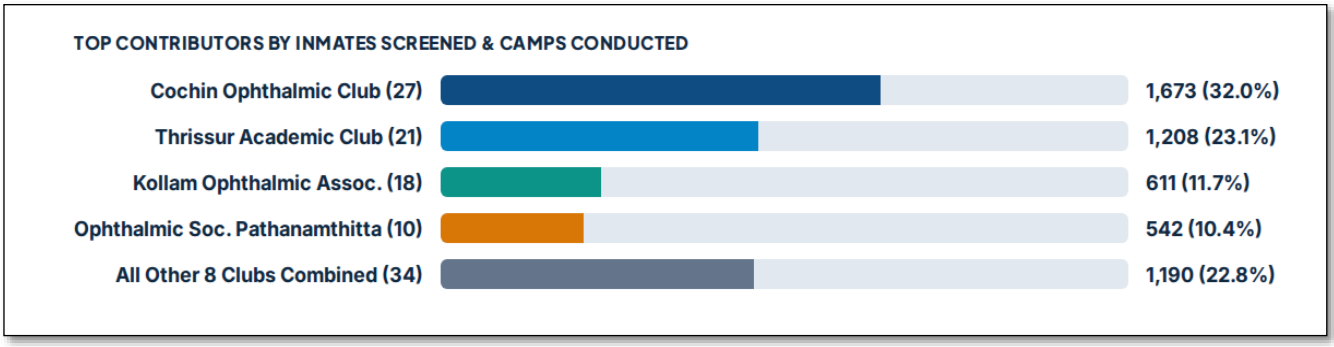
This achievement was made possible by the enthusiastic involvement of the KSOS family and all 14 district clubs. Sincere gratitude goes to the volunteering ophthalmologists, partner hospitals that adopted institutions, special school authorities, teachers, parents, volunteers and sponsors who placed their trust and support in this endeavour.

A Journey That Will Continue

The valedictory function of ANBU, held on 7 November 2026, with Padma Bhushan Smt. K. S. Chithra as Chief Guest, celebrated the efforts of the KSOS fraternity and families touched by this initiative. Yet, the completion of a project must never mean the end of its mission. Our greatest satisfaction lies in knowing that a child sees more clearly, a parent feels reassured and a teacher witness new possibility, reminding us that every child matters. Dr. Jain V. Cimmen, the newly elected President, has announced that he will continue ANBU during his tenure.



Padma Bhushan K.S. Chithra inaugurating the valedictory function of ANBU



KERALA SOCIETY OF OPHTHALMIC SURGEONS (KSOS) ANNUAL OUTREACH REPORT • 2026

PROJECT ANBU — CONSOLIDATED ANNUAL REPORT

Statewide Ophthalmic Screening & Eye Care Outreach across Special Schools, BUDS Schools & Rehabilitation Homes

105	4,857	12	46.3
TOTAL SCREENING CAMPS	TOTAL INMATES SCREENED	ORGANIZING CLUBS & CENTRES	AVG. INMATES / CAMP

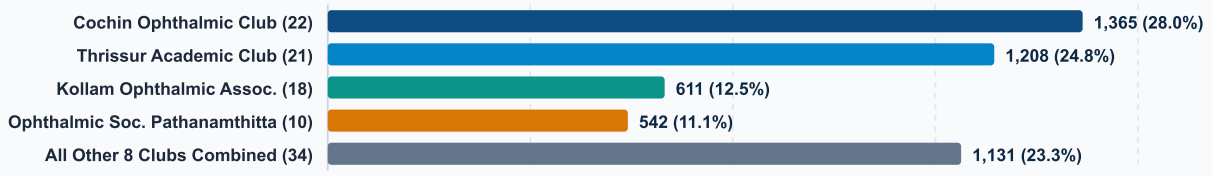
Executive Summary: Under the aegis of the Kerala Society of Ophthalmic Surgeons (KSOS), **Project ANBU** mobilized 12 regional ophthalmic clubs, district associations, and tertiary eye care institutions across Kerala between January and October 2026. A total of **105 specialized eye screening camps** were conducted at BUDS schools, special education centres, and residential homes for differently abled children and adults, delivering comprehensive vision evaluation and eye care to **4,857 inmates**.

1. CONSOLIDATED PERFORMANCE BY ORGANIZING SOCIETY / CLUB

Grouped Alphabetically • 12 Organizers

S.No.	Organizing Club / Society / Institution	Total Camps	Inmates Screened	% Share (Inmates)
1	**Alleppey Ophthalmic Club (AOC)**	3	85	1.7%
2	**Chaithanya Eye Hospital & Research Institute (Ujjwal Initiative / KSOS Anbu Project)**	10	208	4.3%
3	**Cochin Ophthalmic Club (COC)**	22	1,365	28.0%
4	**Idukki Malanad Ophthalmic Club**	2	118	2.4%
5	**Kollam Ophthalmic Association (KOA)**	18	611	12.5%
6	**Kottayam Ophthalmic Society (KOS)**	3	146	3.0%
7	**Kozhikode Ophthalmic Society (KOS)**	5	145	3.0%
8	**Ophthalmic Society of Kannur (OSK)**	1	60	1.2%
9	**Ophthalmic Society of Pathanamthitta (OSP)**	10	542	11.1%
10	**Palakkad Society of Ophthalmic Surgeons (PSOS)**	7	179	3.7%
11	**Thrissur Academic Club of Ophthalmology**	21	1,208	24.8%
12	**Trivandrum Ophthalmic Club (TOC)**	3	249	5.1%
	GRAND TOTAL (ALL ORGANIZERS)	**105**	**4,857**	**100.0%**

TOP CONTRIBUTORS BY INMATES SCREENED & CAMPS CONDUCTED



2. DETAILED REGISTER OF SCREENING CAMPS (GROUPED BY ORGANIZER)

S.No. 1 to 24 • Dates in DD Mon YYYY

S.No.	Date	Name of the School / Institution	Place / Location	Participated Hospital / Doctors / Team	Screened
Alleppey Ophthalmic Club (AOC) — 3 Camps					
1	07 Apr 2026	REIC, TDMC	Alappuzha	AOC Team	20
2	10 Apr 2026	Snehatheeram Govt. Buds School, Kalavoor	Alappuzha	AOC Team	30
3	16 Oct 2026	TIMUC, Sahrudaya Hospital	Alappuzha	AOC Team	35
				Subtotal — Alleppey Ophthalmic Club (AOC) (3 Camps)	**85**
Chaithanya Eye Hospital & Research Institute (Ujjwal Initiative / KSOS Anbu Project) — 10 Camps					
4	—	BUDS School Venganur	Venganur, TVM	Chaithanya Eye Hospital Team	23
5	—	Asadeepam	Malayinkeezhu, TVM	Chaithanya Eye Hospital Team	27
6	—	Nedumangadu Municipality BUDS School	Nedumangadu, TVM	Chaithanya Eye Hospital Team	18
7	—	Navajyothi BRC BUDS School	Chittazha, TVM	Chaithanya Eye Hospital Team	21
8	—	BUDS School Poovachal	Poovachal, TVM	Chaithanya Eye Hospital Team	25
9	—	BUDS School Aanad	Aanad, TVM	Chaithanya Eye Hospital Team	18
10	—	BUDS School Aryanadu	Aryanadu, TVM	Chaithanya Eye Hospital Team	30
11	—	BUDS School Aruvikkara	Aruvikkara, TVM	Chaithanya Eye Hospital Team	21
12	—	BUDS School Uzhamalakkal	Uzhamalakkal, TVM	Chaithanya Eye Hospital Team	20
13	—	BUDS BRC Mangalapuram	Mangalapuram, TVM	Chaithanya Eye Hospital Team	17
				Subtotal — Chaithanya Eye Hospital & Research Institute (10 Camps; Reported Consolidated Total: 208)	**208**
Cochin Ophthalmic Club (COC) — 22 Camps (Part 1 of 2)					
14	29 Jan 2026	CSI, Karunalayam	Karunalayam	LF Hospital Angamaly	72
15	12 Mar 2026	AMRITHA Institute for Differently abled	Kochi / Ernakulam	Giridhar Eye Institute	81
16	12 Jun 2026	Adarsh Charitable Trust, Manakkunnam	Manakkunnam	Sadguru Netra Chikitsalaya	56
17	18 Jun 2026	Ashakendram, Karikkamuri	Karikkamuri	Chaithanya Eye Hospital	65
18	01 Jul 2026	St. Clare Oral School for Deaf, Manickamangalam	Manickamangalam	LF Hospital Angamaly	88
19	07 Jul 2026	Adarsh Charitable Trust, Kureekad	Kureekad	Giridhar Eye Institute	53
20	10 Jul 2026	Snehanilayam special school, Chembumukku	Chembumukku	Eye Foundation	71
21	14 Jul 2026	Kuriakose chavara school for deaf, Ezhikara	Ezhikara	Amrita Hospital	54
22	17 Jul 2026	Chavara Special school, Kunamavu	Kunamavu	Amrita Hospital	51

2. DETAILED REGISTER OF SCREENING CAMPS (CONTINUED)

S.No. 25 to 50 • Dates in DD Mon YYYY

S.No.	Date	Name of the School / Institution	Place / Location	Participated Hospital / Doctors / Team	Screened
Cochin Ophthalmic Club (COC) — Continued (Part 2 of 2)					
25	08 Sep 2026	Mrudula Sparsam Charitable Trust, Karingachira	Karingachira	Giridhar Eye Institute	67
26	17 Sep 2026	Raksha society, Mattancherry	Mattancherry	Vasan Eye Care	88
27	17 Sep 2026	Rajagiri Special School, Choondy	Choondy	Lisie Hospital	56
28	18 Sep 2026	Kripa Special School	Kochi / Ernakulam	LF Hospital Angamaly	63
29	25 Sep 2026	Adarsh Special School, Kureekad	Kureekad	Giridhar Eye Institute	53
30	29 Sep 2026	Adarsh Special School, Kureekad	Kureekad	Giridhar Eye Institute	55
31	30 Sep 2026	Amritha School of differently abled	Kochi / Ernakulam	Giridhar Eye Institute	45
32	01 Oct 2026	Matha Amrithanandamayi Special school	Kochi / Ernakulam	Giridhar Eye Institute	51
33	08 Oct 2026	Blind school Aluva	Kochi / Ernakulam	COC Team	76
34	16 Oct 2026	Higher Secondary School for the Deaf	Kochi / Ernakulam	Giridhar Eye Institute	92
35	22 Oct 2026	Rotary Special school, Kureekad	Kureekad	Giridhar Eye Institute	0
Subtotal — Cochin Ophthalmic Club (COC) (22 Camps; Reported Consolidated Total: 1,365)					**1,365**
Idukki Malanad Ophthalmic Club — 2 Camps					
36	23 Jan 2026	Nirmala Sadan Special School	Muvattupuzha	Idukki Malanad Team	58
37	13 Mar 2026	Pratheeksha Bhavan	Thodupuzha	Dr. Ani / Dr.ubeesh	60
Subtotal — Idukki Malanad Ophthalmic Club (2 Camps)					**118**
Kollam Ophthalmic Association (KOA) — 18 Camps (Part 1 of 2)					
38	05 Mar 2026	VIMALA HRIDAYA SCHOOL	KOLLAM	Dr.Ragi, Dr.Krupa	55
39	17 Mar 2026	SEREI ASHA BHAVAN	PUNALUR	Dr.Latha	34
40	15 May 2026	SPECTRUM HEARTS	KARUNAGAPALLY	Dr.Deepa, Dr.Jisha	58
41	19 May 2026	BUDS SCHOOL	SOORANADU SOUTH	Dr.Keerthi	35
42	20 Jun 2026	BVET SCHOOL	CHATHANOOR	Dr.Ragi, Dr.Ganga	16
43	27 Jun 2026	KARUNYA SPECIAL SCHOOL	AYOOR	Dr.Latha, Dr.Mathew	28
44	30 Jun 2026	BUDS SCHOOL	CHERUKULAM CHUNDA	Dr.Retna	32
45	09 Jul 2026	KARUNA SPECIAL SCHOOL	Kollam	Dr.Latha	24
46	13 Jul 2026	MANOVIKAS SPECIAL SCHOOL	PUTHOOR	Dr.Keerthi	23
47	15 Jul 2026	VIKAS BHAVAN, YWCA KOLLAM	KOLLAM	Dr.Ganga, Dr.Ragi	25
48	21 Jul 2026	KARUNA SPECIAL SCHOOL	CHAVARA	Dr.Shifa, Dr.Ragi	29
49	23 Jul 2026	MAR BASELIOUS MATHEWS II, SNEHA BHAVAN	KOLLAM	Dr.Keerthi	15
50	04 Aug 2026	ST PAULS RESIDENTIAL SCHOOL	EAST KALLADA	Dr.Ragi, Dr.Ganga	65

2. DETAILED REGISTER OF SCREENING CAMPS (CONTINUED)

S.No. 51 to 74 • Dates in DD Mon YYYY

S.No.	Date	Name of the School / Institution	Place / Location	Participated Hospital / Doctors / Team	Screened
Kollam Ophthalmic Association (KOA) — Continued (Part 2 of 2)					
51	13 Aug 2026	HOLYCROSS SPECIAL SCHOOL	NEENDAKARA	Dr.Ragi, Dr.Shifa	58
52	15 Sep 2026	BUDS SCHOOL	SOORANADU NORTH	Dr.Keerthi	19
53	17 Sep 2026	RIITS CDC	AYATHIL	Dr.Ganga, Dr.Ragi, Dr.Shifa	55
54	24 Sep 2026	SANJOE SPECIAL SCHOOL	PATHANAPURAM	Dr.Latha	40
55	31 Oct 2026	ASHRAYA SPULIYIL	KILIKOLLUR	KOA Team	0
Subtotal — Kollam Ophthalmic Association (KOA) (18 Camps)					**611**
Kottayam Ophthalmic Society (KOS) — 3 Camps					
56	28 Mar 2026	Shalom DCMR special school, Pulliyannoor	Pala	KOS Team	38
57	25 Jul 2026	Sneharam Special school, Edappay	Pala	KOS Team	50
58	05 Sep 2026	Shanthinilayam Special School	Anthinad	KOS Team	58
Subtotal — Kottayam Ophthalmic Society (KOS) (3 Camps)					**146**
Kozhikode Ophthalmic Society (KOS) — 5 Camps					
59	15 Jul 2026	Olavanna Parivaar assoc. & Block Panchayat	Kozhikode	KOS Team	37
60	07 Aug 2026	Prashanthi school for differently abled	Kozhikode	KOS Team	44
61	01 Sep 2026	Amrita School for differently abled	Kozhikode	KOS Team	20
62	23 Sep 2026	Rahmaniya school for handicapped	Kozhikode	KOS Team	44
63	15 Oct 2026	Rahmaniya school - White Cane Day Activity	Kozhikode	KOS Team	0
Subtotal — Kozhikode Ophthalmic Society (KOS) (5 Camps)					**145**
Ophthalmic Society of Kannur (OSK) — 1 Camp					
64	23 Jun 2026	Jaycee Special School	Dharmadam	OSK Team (Subtotal: 60)	60
Ophthalmic Society of Pathanamthitta (OSP) — 10 Camps					
65	28 Jan 2026	YMCA VIKAS SCHOOL, THIRUVALLA	Thiruvalla	Dr. Merine Paul	63
66	19 Feb 2026	Deepthi Special School	Adoor	Dr.Lekshmi	72
67	16 Jun 2026	Prakashdhara School for Differently Abled	Pathanamthitta	OSP Team	67
68	20 Jun 2026	Justin's Home, Kaviyoor	Thiruvalla	OSP Team	53
69	23 Jun 2026	Francis Memorial Aswasabhavan	Omalloor	OSP Team	37
70	06 Jul 2026	Bethany Shanthi Bhavan	Kalloopara	OSP Team	34
71	07 Jul 2026	Bethany Santhi Bhavan	Kalloopara	OSP Team	35
72	16 Jul 2026	MRCD Navjyothi School	Thadiyoor	OSP Team	72
73	03 Sep 2026	Njanodaya Special School	Kadapra	OSP Team	56
74	15 Oct 2026	Udaya Special School	Thiruvalla	OSP Team	42
Subtotal — Ophthalmic Society of Pathanamthitta (OSP) (10 Camps; Reported Consolidated Total: 542)					**542**

2. DETAILED REGISTER OF SCREENING CAMPS (CONCLUDED)

S.No. 75 to 105 • Dates in DD Mon YYYY

S.No.	Date	Name of the School / Institution	Place / Location	Participated Hospital / Doctors / Team	Screened
Palakkad Society of Ophthalmic Surgeons (PSOS) — 7 Camps					
75	23 Mar 2026	Jyothi Nilayam	Muttikkulangara	PSOS Team	52
76	01 Apr 2026	ICCONS	Shornur	PSOS Team	47
77	13 May 2026	Kulukkalloor Buds School	Kulukkalloor	PSOS Team	12
78	18 May 2026	Kadampazhipuram Buds School	Kadampazhipuram	PSOS Team	15
79	18 May 2026	Vadakkencherry Buds School	Vadakkencherry	PSOS Team	20
80	23 Jun 2026	Muthuthala Buds School	Muthuthala	PSOS Team	15
81	25 Jun 2026	Pookkottukavu Buds School	Pookkottukavu	PSOS Team (Subtotal: 179)	18
Thrissur Academic Club of Ophthalmology — 21 Camps					
82	28 Jan 2026	Brain tree special training centre	Chalakudy	Dr.K.C.Mathai	35
83	19 Feb 2026	Pradeeksha bhavan	Irinjalakuda	Dr.M.R.Raveendran	20
84	24 Feb 2026	Santhome School	Irinjalakuda	Dr.M.R.Raveendran	30
85	26 Feb 2026	Asanilayam	Irinjalakuda	Dr.M.R.Raveendran	36
86	05 Mar 2026	Mother Theresa Grillo Special School	Poyya	Dr.K.C.Mathai	25
87	12 Mar 2026	Madonna Residential home	Potta	Dr.K.C.Mathai	45
88	19 Mar 2026	Snehagiri Mithralayam special school	Mala	Dr.K.C.Mathai	30
89	22 Mar 2026	Sahithya Academi hall	Thrissur	TACO Team	40
90	27 Mar 2026	Santhwanam buds School	Thanikkamunayam	TACO Team	60
91	03 Jun 2026	Snehadeepthi special school	Mannuthy	TACO Team	90
92	10 Jun 2026	Holy family special school	Vallachira	TACO Team	41
93	11 Jun 2026	John Ukken Memmorial special school	Thaikkattussery	TACO Team	53
94	19 Jun 2026	Puthen pedika swanthanam special school	Anthikaad	TACO Team	59
95	24 Jun 2026	St. Joseph special school	Cheroor	TACO Team	94
96	08 Jul 2026	Sneharam special school	Manalur	TACO Team	60
97	09 Jul 2026	Sneharam special school	Manalur	TACO Team	52
98	30 Jul 2026	Swasraya special school	Kuttur	TACO Team	70
99	07 Sep 2026	Pope Paul mercy special school	Athani	TACO Team	150
100	24 Sep 2026	Chaithanya special school	Kunnamkulam	TACO Team	45
101	03 Oct 2026	Christ college	Irinjalakuda	TACO Team	16
102	14 Oct 2026	Carmel mount special school	Mulloorkara	TACO Team (Subtotal: 1,208)	114
Trivandrum Ophthalmic Club (TOC) — 3 Camps					
103	17 Jul 2026	St. Peter's school for mentally challenged	Trivandrum	TOC Team	45
104	31 Jul 2026	St. Martha's special school	Menamkulam	TOC Team	128
105	14 Aug 2026	Developmental Centre for mentally challenged	Murinjapalam	TOC Team (Subtotal: 249)	76