COCHIN OPHTHALMIC CLUB

MONTHLY REPORT FOR THE MONTH OF June 2025

June 2025

COC Monthly Meeting



Cochin Ophthalmic Club 2023 - 2025

(ER 464 / 28 - 12 '83 / Regd. as per T.C. Charitable Societies 12th Act 1955)

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NOTICE

Dated: 09/06/2025

The next Monthly Meeting of Cochin Ophthalmic Club will be held on Tuesday,17th June 2025, 7:30pm at Hotel Olive Downtown.

Agenda:
1. Silent Prayer
2. Presidential remarks
3. Minutes of the previous meeting - Secretary
4. Matters arising out of the minutes
5. Secretary's update of activities
6. Any other matters
7. Vote of thanks by Treasurer.

Scientific session-
Moderated by Dr Mathew Kurien & Dr Anil Radhakrishnan
1. Premium IOLs - When and why? - Dr Chitra Ramamurthy
2. Detailed overview of phakic IOLs - Dr Ramamurthy

Case presentation:
1. Custom Toric IOLs in challenging situations - Dr Raiza Paul
2. ICL Scare - From crisis to recovery - Dr Archana Kumar

This meeting is sponsored by Care group

The meeting will be followed by Fellowship and Dinner.

Dr Ciju Joseph
Secretary,
Cochin Ophthalmic Club

Monthly Meeting of COC was held on Tuesday, 17th June 2025 at Hotel Olive Downtown, Kochi

After the executive meeting, scientific session was held.

The Scientific Session was moderated by Dr Mathew Kurian, Dr Anil Radhakrishnan and Dr Sony George and talks included

- Premium IOLs - When and why ? - Dr Chitra Ramamurthy
- Detailed overview of phakic IOLs - Dr Ramamurthy
- Case presentation 1 : Custom Toric IOLs in challenging situations - Dr Raiza Paul
- Case presentation 2 : ICL Scare - From crisis to recovery - Dr Archana Kumar

The scientific session was followed by dinner and fellowship.







Histamine CME on May 31 & June 1 by Giridhar Eye Institute

Giridhar Eye Institute conducted a CME on Ocular Allergies named Histamine on May 31 & June 1. The handpicked faculty consisted of Allergists, Rheumatologists, Paediatricians & Ophthalmologists.







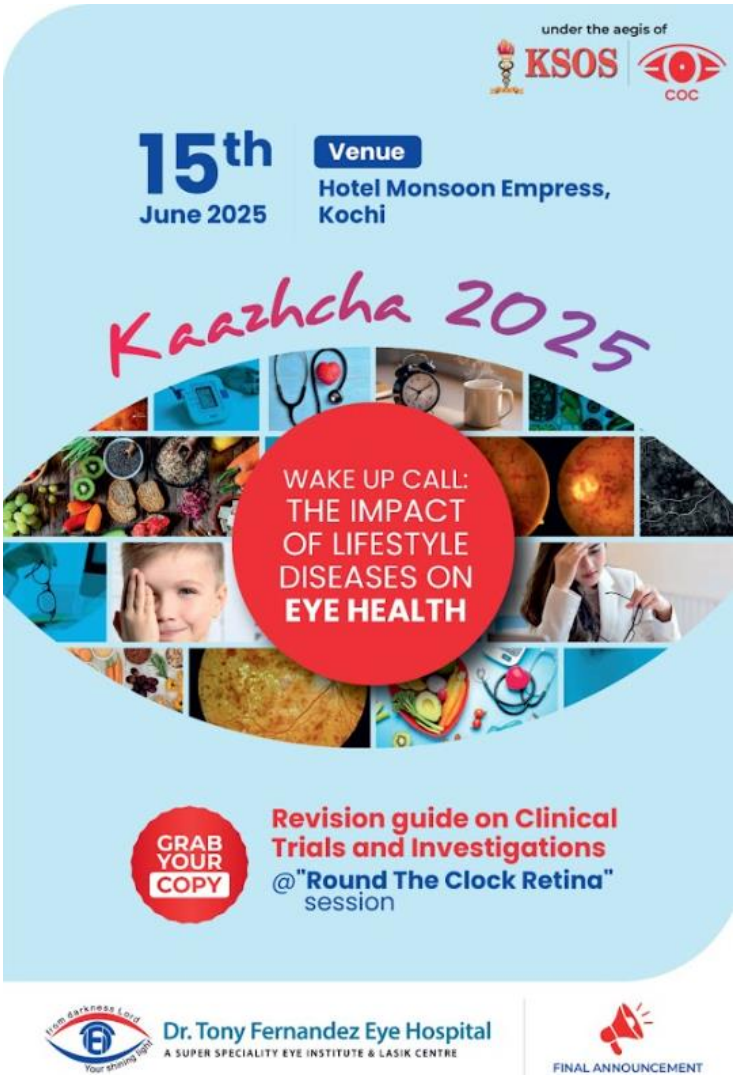


Kaazhcha CME by Dr Tony Fernandez Eye Hospital

Dr Tony Fernandez Eye Hospital conducted Kaazhcha CME on June 15th at Hotel Monsoon Empress under the aegis of COC and KSOS. Dr EJ Mani was honored as senior ophthalmologist.







12th Midterm SPOSICON

Little Flower Hospital organized the 12th Midterm SPOSICON of pediatric ophthalmology on 8th June at Hotel Taj, Cochin International Airport under the aegis of COC and KSOS.
Several COC members won awards at SPOSICON

Free paper: Dr Neena R - 1st prize, Dr Anjitha -2nd prize, Dr Namitha Nair - 3rd prize

Dr Trisha Yadu - second prize -Interesting case session

Dr Anna kurien - best poster

Dr Meena C K - video award

12TH MIDTERM SPOSICON 2025

STRABISMUS AND PEDIATRIC OPHTHALMOLOGICAL SOCIETY OF INDIA
(REGISTERED AS STRABISMOLOGICAL SOCIETY OF INDIA)

JUNE 8th 2025

HOTEL TAJ
COCHIN INTERNATIONAL AIRPORT
KERALA

In Collaboration With

LITTLE FLOWER HOSPITAL AND RESEARCH CENTRE, ANGAMALY, KERALA

under the aegis of Kerala Society of Ophthalmic Surgeons (KSOS) & Cochin Ophthalmic Club (COC)


NATIONAL OFFICE BEARERS SPOSI 2025
Prof Yogesh Shukla
President
Prof Pramod Pandey
Secretary
Prof Urmil Chawla
President Elect
Dr Elizabeth Joseph
Vice President
Dr Shreya Shah
Treasurer
Dr Jaspreet Sukhija
Joint Secretary
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Dr Shubhangi Bhave
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Rev Fr Varghese Palatty
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Dr Thomas Cherian
Past President, KSOS
Dr. Anil B Das
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Dr Elizabeth Joseph
HOD Ophthalmology
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Dr Neena R
Dr Reesha
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SCIENTIFIC COMMITTEE
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REGISTRATION
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Dr Ann
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TREASURER
FACULTY COORDINATORS
ACCOMMODATION
Dr Hilda
Dr Sindhu
Dr Sahana S
Dr Arunlal J S
Dr Rajashree




HALT LENSES
Highly Applanical Lenslet Target (H.A.L.T.) technology
12th MIDTERM SPOSICON 2025
ORGANISED BY
12th MIDTERM SPOSICON 2025
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Glaucoma Case Carnival on June 22nd

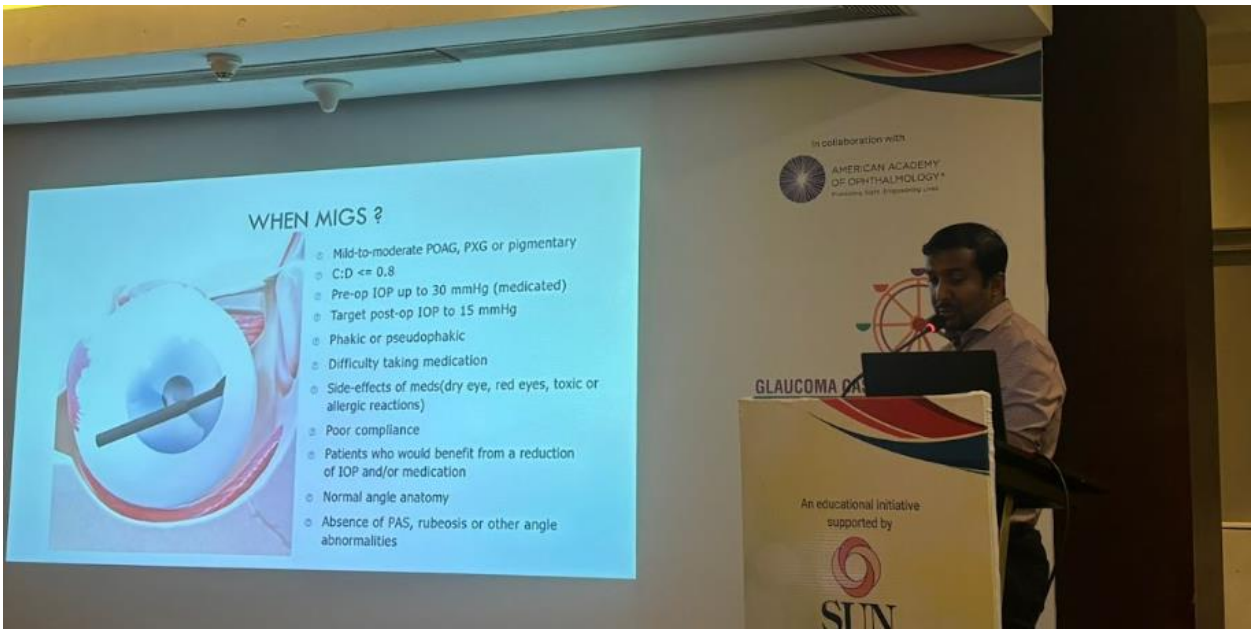
Glaucoma Case Carnival was conducted at Hotel Holiday Inn on June 22nd under the aegis of COC in collaboration with AAO with 2 international speakers Dr Yang Sun from Stanford and Dr Rachel Kuchtey from Vanderbilt university, and local faculty Dr John Davis Akkara. Dr Yang Sun and Dr Rachel Kuchtey presented interesting glaucoma cases. Dr John Davis Akkara presented on Getting Started with Minimally Invasive Glaucoma Surgery.
Dr SJ Saikumar, Dr Manoj Prathapan, Dr Girija K, Dr Manju Anup moderated the session.


In collaboration with
AMERICAN ACADEMY OF OPHTHALMOLOGY
Welcoming you
to be a part of a glaucoma case-based
educational initiative with
GLAUCOMA CASE
CARNIVAL 2.0
Esteemed Program Experts
AAO Expert
Dr Yang Sun
MD, PhD
Professor and Vice Chair, Academic Affairs of Ophthalmology, Stanford University & Byers Eye Institute; Laurie Kraus Lacob Faculty Scholar, Stanford Child Health Research Institute
17-year-old male with juvenile open-angle glaucoma with concurrent vein occlusion.
Uveitic glaucoma caused by unilateral sarcoidosis on pathology.
AAO Expert
Dr Rachel Kuchtey
MD, PhD
Full Professor of Ophthalmology and Visual Sciences, Vanderbilt University Medical Center and Molecular Physiology and Biophysics, Vanderbilt University
Case discussion - 1.
Case discussion - 2.
Indian Expert
Dr John Davis Akkara
MBBS, MS
Consultant, Glaucoma Services, Chaithanya Eye Hospital and Research Centre, Palarivattom, Ernakulam
Getting started with Minimally Invasive Glaucoma Surgery.


COC
Esteemed Program Experts
Moderator & Panelist
Dr S J Saikumar
Medical Superintendent, Head of Cataract and Glaucoma Services, Giridhar Eye Institute, Kochi
Panelist
Dr Manoj Prathapan
MS, FAEH (Glaucoma)
Professor of Ophthalmology, Amrita Institute of Medical Sciences, Glaucoma and Cataract Specialist, Amrita School of Medicine, Kochi
Panelist
Dr Girija K
Senior Consultant, Glaucoma & Cataract Services, LF hospital, Angamaly
Panelist
Dr Manju Anup
Consultant, Cataract and Glaucoma Services, Giridhar Eye Institute, Kochi
Date - 22nd June, 2025
Time - 7:00 PM onwards
Holiday Inn, Ernakulam
An educational initiative supported by
Sun Pharma Laboratories Ltd.







Other Achievements by COC members

Dr Anil Radhakrishnan was selected into the top ten finalists of LVPEI EyeInvent 2025 Hackathon.



Two books “My journey to fight cataract blindness over 50 years” written by Dr Tony Fernandez and its translated Malayalam copy “തിമിരം” translated by Dr Karthika was released by Respected Justice Shri Devan Ramachandran on the 13th of June

Eye Camps

Camps conducted	No of camps	No of patients screened	No of cataract surgeries
Amrita Institute of Medical Sciences	6	1264	66
Dr Tony Fernandez Eye Hospital	3	137	19