IDUKKI MALANAD OPHTHALMIC CLUB

(IMOC)

QUARTERLY ACTIVITY REPORT:

APRIL 2026- JUNE 2026

MONTHLY MEET : APRIL 2026

* Date: 16TH APRIL 2026

* Venue: Hotel Kabani Palace, Muvattupuzha

Events

- CME on two topics
- Vishu special quiz

* Chief Guest / Speakers:

1. Dr. Sagar Basu, Cataract/LASIK/Refractive surgeon, The Eye Foundation, Kochi

2. Dr. Revathi Nambiar , Phaco surgeon, MCS Anantha Nethralaya, Adimaly

* Topics discussed:

1) Re-thinking dry eye in daily practice:- Dr. Sagar Basu
2) MGD : The hidden driver of dry eye :- Dr. Revathi Nambiar

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We cordially invite you for "CME" on
16th April 2026 (Thursday),
7.30 pm at Kabani Palace,
Muvattupuzha



PROGRAMME

Topics	Speaker	Duration
Welcome Address –	**Dr. M.I. Mohan**, IMOC President	5 Mins
Minutes: Secretary		
# Introduction of Speakers		
"Re-thinking Dry Eye in daily Practice: **Dr. Sagar Basu** Cataract, Ophthalmology(Eye), Refractive Surgery / Lasik The Eye Foundation, Kochi		15 Mins
"MGD: The Hidden Driver of Dry Eye" **Dr. Revathi Nambiar**		15 Mins
Association Matters		15 Mins
Vishu Special Quiz Competition		15 Mins
Vote of Thanks – **Dr. Sumitha Jacob**		5 Mins
Fellowship & Dinner		

Dr. M.I. Mohan – President • Dr. Sumitha Jacob – Secretary


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MONTHLY MEET : MAY 2026

Date : 21/5/2026

Venue : Hotel Kabani Palace, Muvattupuzha

Events conducted : CME

Chief guest : Ms. Neetha Pradeep, Chief Nutritionist in Silverline Hospital, Kochi

Topics discussed : Healthy Dietary Routine in Daily Life- Keeping Diabetes at bay






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Ophthalmic Surgeons





MONTHLY MEET : JUNE 2026

Date : 25/6/2026

Venue : Hotel Kabani Palace, Muvattupuzha

Events conducted :

- CME on Perimetry

Speaker : Dr.John Davis Akkara

Topics discussed :

Visual field assessment: Pearls,pitfalls & practical interpretation

- Food for thought: Life lessons for a better living by Dr.Sumitha Mary Jacob
- Quiz on health and nutrition by Dr.Treesa

IDUKKI MALANAD OPHTHALMIC CLUB

CME INVITATION

We cordially invite you for a "CME" on

25th June 2026 (Thursday) at

7.45 pm

Kabani Palace, Muvattupuzha.



PROGRAMME

Topics	Speaker	Duration
Welcome address	Dr. M.I. Mohan IMOC President	5 Mins
Minutes of the previous meeting	—	3 Mins
Visual Field Assessment: Pearls, Pitfalls & Practical Interpretation *An Interactive Session for the General Ophthalmologist*	Dr. John Davis Akkara	30 Mins
Food for Thought Life lessons for a better living	Dr. Sumitha Mary Jacob	3 Mins
Quiz on Healthy Diet and Nutrition	Dr. Treesa	7 Mins
Association Matters	—	7 Mins
Vote of Thanks	Dr. Sumitha Mary Jacob IMOC Secretary	3 Mins

Dr. M.I. Mohan – President | Dr. Sumitha Mary Jacob – Secretary






Visual Field Assessment



SECTION 2 : CAMPS

Free cataract eye surgery camp by Alphonsa Eye Hospital, Thodupuzha

Conducted at Alphonsa Eye Hospital, Thodupuzha

Date: 7/6/2026

Number of patients screened : 39

Number of cataracts diagnosed: 17

Number of cataract surgeries done : 3

SECTION 4 : INDIVIDUAL MEMBER ACHIEVEMENTS

N/A

SECTION 5 : OTHER EVENTS / SPECIAL MENTIONS

N/A