District Club: Kottayam Ophthalmic Society

Reporting period: April, May, June 2026 quarter activity

Monthly Activities:
1. 24th April 2026
Hotel ceaser Palace Kottayam
15 members attended the meet
Guest speaker: Dr Anup Chirayath, I vision eye hospital, Thrissur
Dr. Sudeep Das, Chaithanya Eye Institute, Kottayam
Topics: transformative impact of EDOF IOL
Elevating standard of Cataract Care with Toric and monofocal plus IOL

2. 26th june, 2026
Hotel Indraprastha, Kottayam
Guest speaker: Dr Lakshmi J, Giridhar Eye Institute, Ernakulam

Dr Sudeep Das, Chaithanya Eye Institute, Kottayam

Topics: IOL implantation in absence of capsular support
Targeting presbyopia in cataract surgery
Tackling astigmatism
Attended by 25 members